

The Community Magazine for the
Sudbury Court and Pebworth Estates

Nov
2016

The Courier

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SCRA NEWS

Notes from the
Association Committee

Welcome to November

I always relate this time of year to fireworks—hence the picture on the front of this month's edition. And Brent's free Firework Display is practically on our doorstep this year, in Wembley Park (see page 24). Many of our neighbours will also have been celebrating Diwali over the last few days, and we (rather belatedly, sorry) send them our greetings.

We need you—update.

Thank you to the three ladies who contacted me following the last edition. I am delighted to say that we now have a new Secretary! I'm busy finding the best-fit of tasks for the other two ladies. Where are the gentlemen of the Estate? Don't be shy! There are still other tasks to be handed out. It would also be very useful to gather a small group of people together, so that we can have a sub-committee of people organising our next event—this is, again, a small contribution of your time, but it would be lovely to have a gathering of residents for tea and cake before the end of the year. Any other suggestions for community events?

Byron Court

If we are going to continue our objection, and look at the possibility of going for a Judicial Review, then we need to hear from you—we, on the Committee, need to know the appetite of the residents for the continued 'fight.' Even if you think it won't affect your street, it will be too late once you realise that it does. If we are to continue, then we will need to gather people together, and also do some more fundraising. So, what do you think? Let us know

Spike in local criminal activity

Please do read the SNT's update page 4-6—there have been a number of burglaries and scams locally—look out for yourselves and your neighbours.

Thank you,

Kaye

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BURGLARIES:

At the time of writing the patch has been subject to a recent spate of burglaries, mainly on the Sudbury Court Estate -Norval Road, Audrey Gardens and Abbots Drive, to name a few, but also Sudbury Court Drive, Sudbury Court Road and Pebworth Road.

I would urge you to be vigilant and on the look-out if you are out and about walking, in your car, etc. Pay attention to who you see on the street and what they are doing – are they loitering; looking into houses; knocking on doors, looking suspicious??

On the 15/10/16 there were two burglaries: one attempted on Abbots Drive -three white males called at the address, ringing the doorbell, knocking on the door, trying the porch door – when the occupier looked out of the window, the males ran off, but were loitering around the area. On the same date, there was an aggravated burglary on Sudbury Court Road on an elderly female - males knocked on her door. There may also be a female involved with this group, so please be vigilant.

Report any suspicious sightings on 101 or anyone who you believe to be in the commission of a burglary on 999.

DISTRACTION BURGLARY:

In late September, there was what the police term as a Distraction Burglary on an elderly female resident of Watford Road – males knocked at her address claiming to be from the Gas Board

- that there was a gas leak and they needed urgent access to her house.

Other Distraction burglars have claimed to be plumbers saying that there is a leak next door. On other occasions, the ploy used is to say that they are police officers. The common denominator is that they are generally not known to the occupant and they use scare tactics to try to gain access to your house.

Really scrutinise who is knocking on your door. If you know of an elderly resident, ensure that they have a strong chain lock fitted and urge that they use it.

Be suspicious of any unknown person who calls at your address, especially if you are elderly – **DO NOT ALLOW THEM INTO YOUR ADDRESS.**

If someone claims to be from British Gas / EDF / Thames Water then contact these companies who will be able to confirm whether or not the caller at your doorstep is genuine.

Likewise, if someone is at your doorstep claiming to be a police officer (whether in uniform or plain clothes), they ask them for the shoulder number and warrant number. Ring 101 if you doubt their genuineness, the police operator on 101 should be able to contact the person at your doorstep if they are genuine.

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SCAMS:

There are a variety of scams out there please do not fall victim to them they are very convincing. One woman was defrauded of money following a telephone call claiming to be from the HMRC. Other calls received by residents are from persons purporting to be from the Ministry of Transport, the Apple store and even the purporting to be from the police. All these calls are designed to use scare tactics in order for you to part with your money or bank details. The persons making these calls are very convincing and will scare you. Sometimes, they will try to keep your landline open, so if you receive one such call and are worried about it, then after the call wait at least 10-15 minutes before you use your landline, preferably use your mobile.

Another resident has received a text on his mobile claiming that he had won a lottery or cash, in his instance the name used was EURO-MEGA DRAW.

Please please please do not respond to these calls, or emails or text.

DO NOT disclose any personal details or bank details if you receive any phone calls or any one at your front door.

The Met Police website has a whole list of scams under the heading Advice and then under Fraud Alert.

Overview of location of offences— from period 18th Sept to 18th Oct:

1 Aggravated Burglary (force used on occupier in commission of offence): Sudbury Court Road

4 Residential Burglaries: Stapenhill Rd, Abbots Drive, Spencer Road, Pebworth Road, Watford Road, Norval Road. 2 Burglary Non Dwelling (generally shed burglary, building not attached to house): Norval Road, Foxless, Pebworth Road

Attempted Residential Burglary: Sudbury Court Drive, East Court, The Fairway, Abbots Drive

1 Robbery person: East Lane.

Your team would welcome any information on anti social behaviour or criminal offences that are occurring in the area - please feel free to contact us on 0208 721 29 69 or

email: NorthwickPark.snt@met.police.uk

Crime Prevention Advice:

Burglary -

- Ensure that your perimeter fence/wall, your house doors and windows are fit for purpose. Boundary walls and fencing along with shrubbery is the first line of defence to an intruder and should be good enough to keep a potential burglar out. A lot of houses in the Sudbury Court Estate have a shared driveway with easy access to the rear, if at all please try to get this open access gated off - most burglars gain access via the rear of a house.

- Please ensure that garden sheds are locked and that all garden implements are locked away as frequently these are used to break in to houses.

- Consider getting an alarm / alarm box fitted, CCTV cameras or dummy ones.

- Keep your car keys hidden and not on/in the cabinet near your front door.

- Make sure to secure your side gates when you go out and ensure that your garden fence or wall is durable and designed for purpose - to keep out intruders!

- Consider installing an alarm system and a safe for your jewellery and valuables.

Vehicle Crime -

- do not keep valuables in your car; ideally leave your glove box open and do not leave any goods/property in the car.

- do not leave a sat nav holder on display and rub off all marks of sat navs from your windscreen.

● Be on the look out for tow away vehicles, these are being used to steal cars from people's driveways - if you see someone load your neighbour's vehicle onto a tow truck/a truck with a hoist and your neighbour is not present then you may be witnessing a theft of your neighbour's car so consider ringing the police - try obtain the registration number of the tow truck.

Robbery -

● Stay alert! - try be aware of your surroundings when you are out and about, this is especially important if you listening to an iPod or on a mobile phone.

● Stay clear! - if you think you are being followed or that someone looks like their up to no good, then cross the road or go into a shop/address - ring the police if necessary.

Please consult the websites below for more crime prevention tips or, if you do not have access to the internet, perhaps speak to us and we might be able to arrange that you obtain a crime prevention pamphlet.

Bicycle Thefts -

● Ensure that you secure your bicycle with a substantial lock at all times and leave in a well lit place.

● obtain your frame number and register your bicycle on www.BikeRegister.com - this could assist police in recovering your bicycle if stolen.

Useful numbers:

Dial 999 in the case of an emergency, where a crime is in progress or where life is in danger.

For non-emergencies, ring 101

To give information anonymously call Crimestoppers on 0800 555 111

Useful websites:

The website sites below have a whole host of useful information from crime prevention to crime statistics to Identity theft!

www.met.police.uk

www.homeoffice.gov.uk

www.cifas.org.uk

www.direct.gov.uk

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Councillor's Comments

Cllr Keith Perrin - Northwick Park Ward

Email: cldr.keith.perrin@brent.gov.uk

Recent Road Works on East Lane - Many of you will probably have suffered from traffic congestion caused by road works on East Lane near the junction with Pasture Road (which were expected to take 10 days). The road works were necessary as homes in the area had suffered flooding during recent downpours.

The cause of the flooding was found during a camera survey of East Lane drains by Thames Water: a collapsed Surface Water Drain unfortunately caused by another water provider (Affinity Water) when they laid a water main. Two other defects were found, one involving the foul sewer and another with a storm relief storage tank. Hopefully all the problems are now resolved.

More Road Works Scheduled for Kenton Road - I was amazed to read recently that Network Rail had applied to Brent Council to close Kenton Road at Kenton Station for eight days over the Christmas period to remove a dangerous bridge structure. I was much relieved to hear that they had been refused permission to close the road completely. However, the works still need to be performed and can only take place when the railway is not in use. Currently the plan is to close three of the four lanes overnight from 23:00 on the 12th Nov until 07:00 on the 13th November. Then on the 11th December one lane will be closed overnight; then from 21:00 on 24th December until 05:00 on the 27th December two lanes will be closed. Please be aware that this plan could yet change.

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Byron Court School Expansion Works -

The next stage of rebuilding and expanding the school was due to start in October but at time of writing it has not commenced. I am not aware of the reason for the delay, but it may have something to do with the appalling conduct during the installation of the temporary classrooms in August, where the Construction Management Plan was not kept to and consequently damage was caused to trees and pavements, some of which is still to be repaired. If anyone witnesses inappropriate events during the forthcoming works, please feel free to contact me and I will immediately relay your concerns to those in charge at the council as we did during the first phase. Photographic evidence will be gratefully accepted. Hopefully, future works will be better regulated. Perhaps I should remind residents living on Nathans Road, near the rear entrance to the school, that very large vehicles are scheduled to use this entrance for several weeks, these vehicles will find it very difficult to manoeuvre into the site due to parked cars.

Please get in touch if you need any advice during these difficult months ahead.

Illegal U-Turns on Watford Road - I have mentioned before about these dangerous U-turns which take place mainly near the junction with Pebworth Road and that CCTV enforcement was being deployed as a preventative measure. I really thought that the occurrences would reduce; however, the statistics are quite worrying. I have been informed that this occasional CCTV enforcement has produced 381 Penalty Charge Notices since April of which 298 have so far been paid. Hopefully that's 298 people who won't make this dangerous manoeuvre again.

Littleton Crescent Trees - The new trees in Littleton Crescent have been looking a little worse for wear lately with most of the foliage turning brown very early. I believe that the trees have had a hard time due to low rain fall; therefore, if anyone is willing to throw the odd bucket of water in their direction it would be most helpful, obviously not during the really cold months.

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Footway Parking - Parking on the pavements, grass verges, drop kerbs and across footway crossings is dangerous for pedestrians and it is also illegal in the London Boroughs unless there is a specific pavement parking exception. If you park in this way then you could receive a Penalty Charge Notice (PCN) and may also be towed away – even if only one or two wheels are on the footway. Vehicles parked in driveways where their wheels are left on the footway are also liable to be issued with PCNs and removal. In the last three months eleven PCNs have been issued and three impounded for this offence in SCRA area. Don't be the next one, please also note that enforcement does take place during the hours of darkness.

External LED Lighting - I have had to deal with several calls relating to the installation of LED lighting, mainly relating to floodlights but also where lights had been installed almost horizontally and were therefore pointing straight at their neighbours. Once the problem was brought to the attention of the operators the lights were re-directed and the problem resolved. Please, if you install them

be aware that their light is very bright and can cause distress to others; place them sympathetically in relation to your neighbours. Other types of LED lighting should be shielded so they cannot be seen directly. There are some residential lights that are currently causing distress to residents - have a look at your own LEDs and see if you can adjust them, even just a little, so they are not pointing at others or in their sight line. Also, if you can, install them with the warm light LEDs, not the white or blue which cause most of the distress.



And Finally - Do you like where you live? If the answer is yes, why don't you consider joining the Residents' Association, or stand for election as a local Councillor in 2018. My time on the SCRA and now as your Councillor has been very fulfilling and I have made dozens of new friends and I enjoy representing your views, I'm happy to chat to anyone interested in getting involved

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Are you worried about your memory?

Have you been reading the articles about the Memory Café at St Cuthbert's Church? One of the most common concerns that people discuss in my consulting room relates to memory, and one of our greatest worries is of developing dementia. I am often asked about the difference between age related memory loss and dementia, so here are a few pointers.

It is natural for the memory to decline with age without it being disabling and without it heralding the onset of dementia. Memory lapses should not have a significant effect on your daily life. We all forget where we put the keys from time to time, or an item or two on the shopping list, and it's not a crime to forget your best friend's birthday. We all have different types of memory: there is that person who always

remembers dates, events, and numbers - and I'm not just referring to the football fan who can reel out their team's scores from decades before; ; we may know individuals who have always been 'forgetful', like the child who forgets to put his socks on, or arrives at school without his homework bag and always seems to be in a slightly different world. So we all have differing memory capacities, which are reflections of our personality and other factors.

But in our early middle years our memory may deteriorate. For women this often coincides with the onset of menopause, more of that another time! At first we seem just a little forgetful, mislaying items, or struggling to remember why you go upstairs. That's often a bit of a shock, but we quickly learn to go back downstairs to

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be reminded of the triggers there.

This worsens, and you might not have even got out of the room by the time you have forgotten what you have gone for, but at least you do remember that you were looking for something specific, and that's probably the difference between memory loss and dementia. Someone with dementia will have made their way up the stairs but can't actually remember why they were going up the stairs in the first place; the fact they were going to find something has completely escaped them and they are really not sure why they find themselves at the top of the staircase. That is why someone with dementia appears confused, unsure and perhaps disorientated. They can't remember why they were doing what they were doing in the first place.

Have you forgotten the name of your second cousin (he hasn't spoken to you for several months), or the place you went last year on holiday? What is the name of that special spice your granny used to use, and what is another word for forgetful? Well, please don't worry, but do look out for next month's Courier!

DR JANE WOYKA
MA MB BChir MRCGP DFRH

There will be more from Dr Woyka next month. If there is anything in particular you would like her to write about, please do get in touch, and we'll ask!
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Friends of Barham Library



Friends of Barham Library have now signed a 15 year Lease for the former Lounge/ Reception Rooms in Barham Park. We will pay rent of £7,000 and service charge of £1,500 each year with utility, insurance and other costs on top.

We are carrying out final Health & Safety checks and will open soon; we may be open by the time this edition of Courier drops through your door.

WALK & CHAT Tuesdays

Council organised walks take place in Barham Park on Tuesday's at 10:30am. Our Library opens up to allow the walkers access to toilets and everyone is welcome to stay for a chat and refreshments.

SEWCIAL Wednesdays

These take place on Wednesday mornings between 10:30 to 12:30. The growing group do sewing., knitting etc and have a chat while sharing skills and experiences. A small donation if £2 per session.

ANNUAL REMEMBRANCE - Sunday 13 November

This year's Council Remembrance Day in Barham Park will take place on Sunday 13 November.

Friends of Barham Library are making our building available for teas & coffees. If you come to the event feel free to pop into our Library after.

DICKENS—A CHRISTMAS CAROL

And finally, we are pleased to be welcoming back The Librarian Theatre who will perform Dickens - A Christmas Carol on Monday 28 November and Monday 19 December 2016. The performance will last around 80 minutes.

We have a capacity of around 40 and expect strong demand for tickets. If you are interested in coming please book & pay for your tickets as soon as possible. (see opp page)

Please email Paul Lorber at barhamlibrary@hotmail.co.uk for opening times or check us out on [Facebook.com/barhamlibrary](https://www.facebook.com/barhamlibrary) and join our Facebook group.



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The Memory Cafe

Support for those experiencing memory problems



We have had a very busy time here. Our numbers grow and the hubbub of friendships and fun rings out on Thursday morning 11-1pm. The Tuesday group is growing as well a lovely gentle little fellowship to which all are welcome. We've had a film crew in. they are making a short film about the café and how it is bringing our community together.

When we started the café, I remember hoping that we might get 8 people. I secretly dreaded it being one of those rather down-beat groups that sometimes form. But no! It has flourished and blossomed.

If you haven't come before let me paint a picture of what happens. And do remember it isn't just for people with memory problems - it is really a place of friendship and welcome and fun.

We start with a cuppa and a biscuit and a chance to greet friends old and new. We then have some kind of activity. We've had chair-exercises and other short things like that. We have some quizzes and memory games and then more chat. Sometimes we sing a song. Sometimes we have a short talk. But what marks it is the spirit of joy. The Bishop of London recently spoke about feeling unexpectedly light-hearted and cheerful. That's what this precious 2 hours is all about. We all know how tough life is. We know that being a carer is demanding and can be lonely. We know that many older folk spend much of their time on their own. But memory café boldly says that we will stand against this and we will do it together.

May I invite you to come.

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A Time To Remember

My grandfather was killed right towards the end of World War 2. He had been a prisoner in Italy and something catastrophic happened and he died.

My grandmother never really recovered and my dad bore the emotional scars brought on by the death and being bombed out twice. We simply grew up in a family for which the sacrifices were very raw and very recent. I have always been very very aware of the sacrifice made by so many so that we can be free. Just a few weeks ago I was in northern France and visited a war cemetery. I was so struck by the many graves of Indian troops. The Commonwealth played its part in the defence of freedom. When I worked in Trinidad and Grenada, I also saw many touching memorials to those who had given their lives.

I know that many of your families will have a story to tell. But the big story is that freedom is precious and we cherish the sacrifice of previous generations. We also mark the tragedy of all those killed and wounded and damaged by conflict. We do not glorify war, but mark in humility it's cost and we think of those who have died.

Remembrance Sunday is **November the 13th**. Our remembrance service is at 10am. All are welcome and I'd encourage you to come if you can. We mark the tragedy of war, the grief that it generates and the hope that one day wars will be a thing of the past. We give thanks that we are free - and that freedom comes at a price. Freedom is not cheap, but it is precious. Please do join us at your local parish church.

Rev'd Steve

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Perception V Reality

At one time in the not-too-distant past, November could be associated with a property market slow down.

The reality in 2016 is that the November housing market has changed. Many have not realised, and as a result a false perception has been created. False perceptions, while generally negative, can have positive connotations for the astute.

There are three main reasons behind the market changing in November.

Diversity

We live in a wonderfully diverse estate. All faiths and creeds are represented in Sudbury Court, many of whom do not celebrate Christmas, as the traditional demographic once did.

Observance

For good or bad, the fact is that Holidays are not observed as they once were. Take a wander through Harrow or Wembley on any given Sunday and you will find hordes of people going about their business as testament to this fact.

Technology

Ah yes, the internet! Did you know that on Christmas Day, over half a million people will visit the country's leading property portal? This figure will likely treble on Boxing Day and on the first traditional work day of the 2017 work year, this figure reach a crescendo of nearly 2.5 million people.

The result of the outdated perception of a slow market means that many home owners wait and do not place their homes on the market. This reduces the number of properties on the market, meaning those that do go on the market have less competition, and as a result are more attractive to the home-buyer

When you couple this incorrect perception with the seasonal peak of buyer interest, we have now come to expect a somewhat artificial, and very much temporary, opportunity for the educated home seller to take advantage of.

If you are thinking of selling, and would like some free, no obligation, advice, please do not hesitate to give me a call.

John Buckley



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Meet the FCC Team

SUHAIB MOLINA

We take pride in the level of expertise and care of all the associates who work with us at the centre.

This month I'd like to introduce you to Suhaib Molina who has been with us since the very beginning of the Foot Comfort Centre.

Spanish born Suhaib studied at Seville University before gaining experience with us five years ago.

Since that time he's developed his knowledge, experience and expertise and is a foot care specialist and valuable member of our team.

Suhaib's relaxed and professional manner is popular with our clients and he has a particular interest in holistic and natural remedies.

He said: "I've been a colleague of Firoz since the practice began and it's great to see all the progress that's been made with the facilities and services for our clients. I returned to Spain in 2014 to upgrade my degree but am now back at the centre.

"I like to see what natural solutions are available for clients before making suggestions so that they have the broadest choice of remedies to choose from."

Suhaib shared his three top tips to keep your feet in tip top condition.

"Always dry your feet thoroughly after a shower or bath. Too much moisture can cause issues.

"Also the reverse is true, if your feet are too dry it will weaken the skin which can lead to problems so it's important to dry thoroughly but to also use moisturiser a few times a week.

"Finally when it comes to buying footwear think quality over quantity. Badly fitting or poor quality footwear can cause many bio mechanical problems with your feet. Quality footwear often last three or four times as long as inferior products."

Thanks for reading,

Firoz

The Foot Comfort Centre is offering 10% discount off of the cost of a first treatment to all new clients on production of this article.

For more foot care tips visit our website www.footcomfortcentre.co.uk



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SUDBURY COURT BIRD WATCH

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John Taylor

John Taylor, who was a very long standing resident on the Estate, died on September 25th.

It was John who first introduced me to bird watching many years ago. He suggested that I go with him to Pulborough Brooks for a day's outing on that particular RSPB reserve, which, he said, would be a good place to start. I wasn't really all that keen to go, although I was a active garden birdwatcher at home, but I agreed to go to see what it was like on a reserve.

Once there, we made our way to the first hide and settled down to observe a couple of waders in the far distance. I was not impressed!

Then suddenly, there was a yellow flash of a small bird which perched in a bush just thirty feet away. A **yellowhammer**! I had never seen such a wonderful bird in my whole life! Such a beautiful colour - what a lovely bird. And my first 'tick' of the day!

I was hooked!

Since then, we have frozen at Titchwell; marched round Minsmere; have been drenched at Topsham, to mention just three of many happy bird watching outings. We've seen many 'ticks' and many 'unidentified little brown jobs' too!

But somehow nothing compares to that first yellowhammer!

Thank you, John.

Balancing Act

I was watching the birds on my daughter's garden feeders a few weeks ago. She, and her family, had only recently been putting feeders out regularly and she was delighted with the increasing numbers of birds visiting her garden. Nothing

special so far, but always something to look at now.

I watched a **magpie** confidently perched on a suet-ball feeder, taking from it without difficulty.

That made me think about the resident pair of magpies visiting my garden who had never taken from our suet-ball feeder.

Until the beginning of October, that is. One morning, when I was washing up after break-

fast - still at it, fellas! - I watched one of our magpies trying to get fragments of suet from the feeder by flying up to it and endeavouring to hover long enough to grab a piece. It was not very successful.

Then a **green parakeet** flew in and effortlessly perched on the feeder to feed, whilst the magpie puffed on the ground!

Several days later, I returned to our kitchen window and saw our magpie had mastered the art and was perched on the feeder, taking from it to its hearts content.

I wondered if the parakeet had shown the magpie how to do it.

Rod Lake



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CALLING ALL GARDENERS

Sudbury Court Horticultural Society

Your local gardening club

By November the gardening year is winding down. This is the time for tidying, cutting back, leaf sweeping and perhaps re-organising the borders. Time too, to give tender plants some protection from winter frosts with mulching and jackets of fleece or bubble-wrap, or perhaps to pot them up and store in a sheltered spot. The roses continue to offer late flowers while the weather stays mild - very welcome to bring indoors and enjoy at close quarters. Below ground, any established Spring bulbs are already well-rooted, ready for next year.

Our Annual Autumn Show



For the SCHS, our Autumn Show crowned the year of activities. Many visitors came to enjoy the display of seasonal produce given by our gardeners on Saturday 24th September.



The judges expressed their pleasure at the displays and the variety of plants on show



Many contributors came away with prizes. One of our judges stayed on to entertain visitors, demonstrating some adventurous flower-arranging techniques. The visitors were appreciative and enjoyed their tea and chat! These pictures were taken by Pat Fenwick who, as one of the stewards, captured the scene before the crowds arrived. They give you a taste of our colourful Autumn Show.



In the winter months ahead, with ever-shorter days, SCHS gardeners, like those tender plants, often prefer to shelter indoors; but like the Spring bulbs, they are busy 'putting down their roots', planning for the year ahead. Your committee too is active in looking ahead, preparing to draw you into the gardening community in 2017.

Margaret Roake and Pat Fenwick

Local Residents



This month, Sukaram, one of our Committee members, would like to introduce you to Anne Gander. Anne has lived on the Estate for 46 years—she is now 90 years old. Many of you will know her well; she was a dinner lady at Byron Court School for many years, and is affectionately known as 'Auntie Anne'.

Anne keeps herself busy with various activities—she is learning to paint, and, as you see, she writes poetry.

Sukaram writes that 'she is a good role model for us junior pensioners'!

Next month, we have been promised an interview with Batman, apparently he lives locally!

Conan The Destroyer (Mark the Gardener) by Anne Gander

Now that winter's coming, the shrubs all shake with fear
They know that Conan The Destroyer may suddenly appear.

Wielding his electric saw, he finds each rampant twig
He'll lop each wandering, straying piece, whether it's small or big.

The hebe's very prickly, so think it stands a chance
But Conan puts it in its place with a withering, cutting glance.

The roses have finished blooming, so we know what is their fate
The clematis have given up, so haven't long to wait.

You soon can see he's been there, everything looks so neat
The flower pots are planted, the tidying is complete.

Now everything is sleeping, snug from the snow and rain
Ready to break into blossom when spring comes round again.

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Kids' Page



Hello Kids,
Hope you had a good half term. Please email me
your jokes and riddles to:

preeya@thecourier@hotmail.com

Why did the robber take a bath before he stole
from the bank?

He wanted to make a clean get-away!

They come out at night without being called, and
are lost in the day without being stolen. What are
they?

Stars!

How do you make the number one disappear?

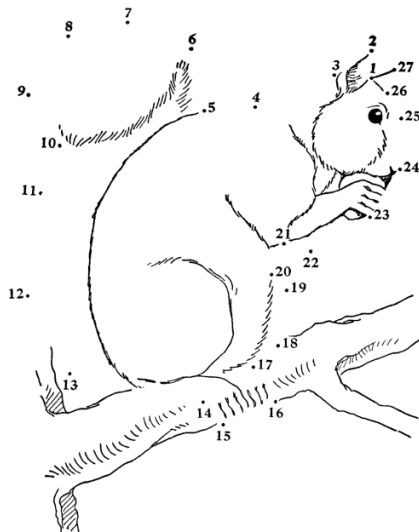
Add the letter G and it's GONE!

What did one toilet say to the other?

You look a bit flushed!

Why did the picture go to jail?

Because it was framed!



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WHAT'S ON

IN AND AROUND THE ESTATE?

DATES FOR YOUR DIARY

A free community service -
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FREE FIREWORKS DISPLAY Brent's Fireworks will be in Wembley this year. It's on **6th November** at Arena Square, Wembley Park from 6.30pm with vibrant street performers and food. There is also an indoor **Christmas market** from 2pm at Brent Civic Centre, and free Circus workshops for all ages at 3pm.

CHRISTMAS FAIR The Mayhew Animal Home Christmas Fair is **27th November** 12-4pm — Trenmar Gdns NW10 6BW. There will be plenty of stalls, music, bbq, cakes etc in the garden. Cats and kittens and dogs ready for adoption on view. [Please support.](#) Everyone welcome.

PRE-CHRISTMAS SALE. Sudbury Neighbourhood Centre, 809 Harrow Road, HA0 2LP. Saturday **19th November** from 10.30am til 2.30pm. Free entry, refreshments, stalls, raffle,-- pop in and support us!

BADMINTON — every Thursday 8 – 10pm in local school, Sudbury Court Badminton Club welcomes League level/good club players. Contact Arvin 07748 642706, Alkesh 07956 453734 or Trevor 07771 998729

You can also check the What's On calendar in Brent at:
www.brent.gov.uk/events-and-whats-on-calendar



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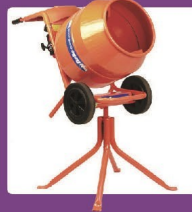
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