

The Community Magazine for the
Sudbury Court and Pebworth Estates

May
2018

The Courier

87th
Year



Community Meeting - 12th May

What can we do to help ourselves? *(see page 17)*

local safety issues, incl: crime, anti-social behaviour, traffic
the Police and local Councillors will attend

ALL WELCOME

Thinking of mooving?

As a member of Relocation Agent Network, we can help sell your home.

Each member – including us! – has been handpicked by Cartus, the premier provider of global relocation.

With the Network's national connections, members can help to sell your home and offer you the potential of additional out of town buyers viewing your property.

To find out why we're your Local Expert - visit www.relocation-agent-network.co.uk



daniels
danielsstateagents.co.uk

If you are curious to know how much your property is worth, call today for a free market appraisal. 020 8904 4888



May 2018
Number 187 (1,027)

Chair: chair@the-scra.co.uk

Vice-Chair:

Treasurer: Pareet Shah, treasurer@the-scra.co.uk

Secretary: Noura Abdul-Cader, secretary@the-scra.co.uk

Courier Editor: editor@the-scra.co.uk

Courier Advertising: advertising@the-scra.co.uk

SCRA Website: www.the-scra.co.uk

Dear Neighbours,

Hoping you're enjoying the turnaround in the weather— a bit more sunshine and definitely a bit warmer.

Our usual update from the Safer Neighbourhood Team—page 4-8—has the up-to-date overview of local activities.

If we didn't see you at the AGM on the 11th April, we have our report on pages 21+26, so please have a read—it includes an update on the Byron Court expansion, and where we're heading with traffic management associated with the expansion.

Please consider using the enclosed Standing Order to ensure your membership fees are made annually—see page 11.

There are no Councillors Comments this month, because of the pre-election purdah. But come along and meet them on the 12th May.

Which brings me to the **Community Meeting—see page 17**. The reason for holding this meeting is primarily due to a number of conversations I have had with residents and neighbours recently: some have witnessed anti-social/criminal behaviour; quite a few of our residents don't know their neighbours any more. Why is this relevant? If you know people, you're more likely to look out for each other. It certainly works in my street—I know a lot of my neighbours; I'm happy to investigate if their burglar alarm sounds, or to move someone along from blocking a neighbour's driveway with their vehicle. I know that they do the same for me. When I go on holiday, I have a number of people who will keep an eye on my property. It's also good to have a chat or a cup of tea now and again.

So, the meeting is for us to discuss how we work together as residents, as well as with the Police; and to inform our Councillors of our concerns.

Following the discussion and refreshments, we will introduce the Sudbury in Boom initiative to you, and a few of us will be popping out to Clean the Green - although it has been looking reasonably clean recently, so hopefully there won't be too much to do!! But we will be looking to prepare for new flowers, possibly even new benches, if we can get some funding.

Let's ensure our community continues to be a lovely place to live.

So, I look forward to seeing some familiar faces, and meeting some new ones, on the **12th May**. If you're unable to attend the meeting for any reason, please do email us any questions/concerns you have, and we will try and address them on your behalf. There will be a report in next month's Courier.

Until next time,

With best regards,

Kaye

Northwick Park Safer Neighbourhood Team

020 8721 2969 Mobile: 07920 233 752 (Please leave a message)

Email: Northwickpark.snt@met.police.uk

In an emergency dial **999**.

To report a crime and for non-emergencies dial **101**.

For Crimestoppers dial **0800 555 111**.



Dear Residents,

I understand that some residents have had difficulty in contacting us recently: our numbers are 0208 721 2969 and 07920233752. The 0208 is a ghost number which diverts direct to the mobile number. The response time when calling us depends on whether we are on or off duty. Sometimes, for example around Easter or Christmas, we may be off for more than 3 days at a time. When we are off duty, we often still conduct work related activities. Obviously, the Police - the team which responds to 999 and 101 calls - are staffed 24/7.

We did have a particular issue with our mobile phone recently (it was lost down the seat of the police car!) I would suggest that, if you do need to contact us, a call and a follow up email is best.

What's the difference between the SNT and the Police response team?

The SNT monitor crime trends / intel in a local area and try to target patrols. We tackle low level ASB (anti-social behaviour) and persistent issues. For example, if we become aware of drug issues at an address we, might get a drugs search warrant. We liaise closely with the Council, Housing Associations and residents to tackle a range of issues, including neighbour disputes. We have the intel on the problem areas in our patch and the persons who might be involved.

Please do not ring SNT if you wish to report a crime that you have discovered: there are a number of reasons for that, not least because we aren't always on duty, but we also have meetings and investigations to attend to. The Police response team will be able to respond to your report more quickly. Please ring 101 or report online if you wish to report a crime. (We will, of course, report and investigate crime if it is reported to us out on the street or if someone rings us).

What's App success:

Following the recent burglaries in the Pebworth Estate some residents there set up a What's App group and have taken to it like a duck to water (see pg 15). Dodgy cars, vans and activity are frequently put up and shared amongst the residents of this group. We think it is great and we try as best as possible to monitor it for intel on dodgy registrations etc.

We would welcome the creation of another What's App group in the Sudbury Court Estate. It's the way forward, apparently.

Burglaries:

Over the past number of weeks, burglaries have continued to occur here and there around the area. We, have been monitoring intelligence briefings, varying our prescribed shifts to cover the time that the burglaries have been occurring most. Unfortunately, we didn't catch any burglars, but a victim and his flat mates did, in early April, after 10pm at night, caught a prolific burglar when he got into their house on Rugby Avenue. This burglar is now on remand in Wormwood Scrubs: he is a longtime burglar and been active, on and off, in Brent since I have been in this borough, over 20 years now. His only real break, is when he has been doing time at Her Majesty's pleasure. This male, may or may not have committed burglaries in the Northwick Park area. In years gone by when he was active, I have seen him in one of the roads off The Fairway so, suffice to say, he may be responsible. I hear you asking: why don't the police put surveillance on those type of people? Well occasionally we do, but surveillance takes a lot of resources - 8+ people per person could be required.

This particular man, isn't the only burglar in the area. Previously, we have had burglars from Barnet who target our area. What I can say is, from intel, that currently it would

appear that there are a number of different unconnected males who are active in the Wembley area. I would urge you to notice activity; to be that nosy neighbor; to be our eyes and ears - watch out for unusual cars or people walking around your area and report any suspicious activity on 101. If you firmly believe that someone is about to commit a burglary, or is in the act of committing a burglary, ring 999.

The main ways that we catch burglars are: witnesses of a burglary in progress, forensics, occasionally CCTV if it is very good, and the property itself can sometimes yield some links to a burglar - to this end please ensure that you have a full list of your valuables in your home, photograph and make a list of your jewellery especially if you have expensive gold jewellery. Immoblilise.com is a website where you can register your property. Police can interrogate this site if we find suspected stolen goods, try to reunite them with their rightful owner, and possibly link the person in possession of it to a crime.

Religious symbols on the outside of your house are not a good idea from the perspective of crime prevention. They may ward off evil spirits, but not the ones with two legs and bodies who are out trying to burgle your home!! Religious symbols such as the Hindu swastika symbol, or the presence of deities in your car, or visible in the window of your house, or Islamic symbols, may indicate to a burglar that there may be Asian gold within your house.

Like all types of crime prevention, it is how far you want to go with limiting your chances of being a victim of crime - if you choose to continue to have religious symbols on your house then that is your choice and there are a host of other ways that you can try to protect your home. The Metropolitan Police Website has excellent crime prevention advice on a whole host of crime types - at the bottom of the main screen, headed 'Crime Prevention'.

Cold callers:

The problem of cold callers is a persistent issue. There are a number of retired people who live in the Northwick Park area and they frequently get targeted by scams, both

on the phone and in person. **DO NOT GET ANY GOODS OR SERVICE BY SOMEONE WHO RANDOMLY PHONES YOU OR CALLS AT YOUR DOORSTEP!!** The latest scam is claiming to give a green survey to check for the efficiency of your double glazing and claim to be part of a government scheme, blah blah blah. If you want new windows, do your research. Another scam is claiming to be from the Inland Revenue offering a tax rebate. I have heard of someone in their 60s recently getting conned out of £10,000 by someone claiming to be from Talk Talk and wanting to refund money to their account. If anyone rings you quoting your name, **DO NOT** give them any personal information or give out your bank details.

If you want your driveway done, similarly, do your research, get your quotes, ask around for good and reliable trades persons who are the ones who are actually going to be doing the work themselves - not using "slave" labour and getting a number of foreign/illegal nationals who are working on your driveway for 10 hours and getting £20 per day for their efforts. **YOU ARE RESPONSIBLE IF YOU EMPLOY A "COMPANY" LIKE THAT.** Believe me, companies like this have been actively looking for work in NORTHWICK PARK area and have been given work too!

RS Furniture Services

Furniture Repair Restorations and Reporting Service

- Scratch Repairs
- Frame Repairs
- Broken Springs Replaced
- Loose Joints Secured
- Removal Damage
- Recoveries
- Insurance Retail and Manufacturers Reports

For enquiries call **07795398109**

or

email : rsfurnitureservices@gmail.com

send photos with enquires

'Rag and bone' thieves:

I was a few years into working for the Police before I knew what a Rag and Bone man was - I call them 'scrappies' - the ones who go around looking for scrap metal. I frequently get reports of scrappies in vans entering people's driveways and taking items from their front lawn/driveway. Some of these are opportunist thieves, **WATCH OUT WHEN THEY ARE IN THE AREA - WE WANT TO KNOW THEIR VEHICLE REGISTRATIONS**. One resident had taken off a metal door to fix it, leaving it in his front lawn area, only to find some hours later it was gone. I arrested a scrappie previously for stealing a bicycle from the front door of someone's house, the scrappie had walked up the resident's driveway and simply took the bicycle - it had been left outside for repair.

Northwick Park - drugs issues:

Your team is well aware of the issue of drug dealing and misuse in the area of the pavilion in Northwick Park, the associated ASB (anti-social behaviour) and crime - like driving dangerously and doing 'doughnuts' in the car park, driving vehicles onto the park, drug driving. If you are a parent of a young person, do you know what they are doing in the evenings? If your adult son or daughter is doing drugs it will come to your door eventually. Take an active role in what your

children/adult children are doing. We have identified a number of youths/young people of local residents that are involved in this ASB in the surrounding area. We are working to reduce and eliminate this problem; we will continue to take enforcement action. We are also working with the Council to make the park a safer place.

Litter and fly tipping:

There is a persistent problem of litter and fly tipping, particularly in Peel Road and Byron Road. Peel Road has improved recently but we want to keep it clean. Residents and landlords are approached by us if their properties are dirty or a health hazard.

I have and will prosecute people involved in making the area look dirty!

If you have a waste/unwanted furniture/item that you want to recycle then take it to the charity shop or leave it within your house boundary (behind your wall or behind your gate with a note 'please take' on it).

Report any fly tipping to the council - go onto their website; there is also a handy mobile phone App that you can download to facilitate the reporting of various matters, including fly tipping.

The council offer a number of bulky item waste collections every year - please contact Brent Council street care department for more info on 0208 937 5050.



SCISSORS

HAIRDRESSERS

YOUR LOCAL SALON
IN WINDERMERE AVENUE
(NEXT TO SOUTH KENTON STATION)
Busy and Friendly Unisex Salon

Experienced Stylists
Competitive Prices - Free Advice
Try us for a Set, Blow-dry,
Cut, Colour, Perm or Highlights.
020 8904 1488

R & J Services **Home Improvements**

- Extensions ➤ Roofing ➤ Flooring
- Fitted Kitchens & Bathrooms ➤ Tiling
- Plumbing & Electrics ➤ Refurbishments
- Decorations ➤ Disabled Adaptations
- Carpentry & Joinery

The One Stop Solution **from Concept to Completion**

For information please contact
Randolph on: 07743 140 937

Email: info@randjservices.co.uk
Website: www.randjservices.co.uk

Overview of location of offences 11th Mar - 11th Apr:

Burglary, residential: (i) Aspen Dr (in 30s in odds, 11/3 between 1230hrs – 2046hrs, rear patio door smashed, jewellery stolen) (ii) Sudbury Court Drive (in 70s on evens side, 12/3 at 1230hrs, smashed rear uPVC door, gold jewellery stolen) (iii) Hill Rd (very low evens side, 13/3 between 1650hrs – 2238hrs, rear door smashed, jewellery and cash stolen) (iv) The Spinney (in low evens numbers, 15/3 744hrs – 2220hrs, door believed left open, clothing stolen) (v) Littleton Road (very low odds side, 24/3 at 0115hours, rear patio door glass removed, portable items of value taken) (vi) Norval Road (in 100s odds side, 22/3 0600hrs – 27/3 1215hrs, bottom glass pane removed from side door, jewellery stolen) (vii) Abbotts Drive (in 120s evens side, 15/03 0001hrs – 04/04 1700hrs, double glazed glass window removed at front of house, not fully known what property stolen) (viii) East Lane (04/04 0845hrs – 1645hrs, not fully known what point of entry is, what was stolen) (ix) Sudbury Croft (30/03 1300hrs – 05/04 1715hrs, front door smashed in, TV stolen, DS stolen) (x) Byron Road (low evens, rear door smashed, not known what property has been stolen)

Attempted robbery: Sudbury Court Road (31/03/18, 1519hrs, victim was approached near a bus stop and youth demanded money off him).

Attempted burglary residential: (i) Littleton Road (in 30s evens side, 22/3 at 0200hrs, cat flap on door removed no entry gained) (ii) Rushout Avenue (03/04 at 0225hrs, front door crowbarred open, two white / mediterranean males early 20s involved, believed they were after the black BMW 5 series) (iii) Nathans Road (11/04 at about 0200hrs, suspect has removed lock from rear patio door)

Theft of motor vehicle: (i) Sudbury Court Road (14/3 1800hrs – 2100hrs, van stolen) (ii) Northwick Avenue (20/3 1800hrs – 21/3 0645hrs, Merc van stolen) (iii) Nathans Road (28/3 2100hrs – 2210, Golf stolen off driveway).

Attempted theft of motor vehicle (i) Abbotts Drive (21/3 2300hrs – 2310hrs, two white males attempt to get into vehicle)

Theft from motor vehicle: (i) Sudbury Croft (12/3 220hrs 13/3 0845hrs, van broken into and tools stolen) (ii) Nathans Road (12/3 2100hrs – 2130hrs, van broken into tools stolen) (iii) Paxford Road (19/3, 1844hrs, number plates stolen)

Your team would welcome any information on anti social behaviour or criminal offences that are occurring in the area - please feel free to contact us on 0208 721 29 69 or email: NorthwickPark.snt@met.police.uk

Belgrave Sew Creative

Room 202, 10 Courtenay Road, East Lane
Business Park, East Lane, Wembley, HA9 7ND

**We design, make and fit
curtains, blinds, loose
covers, cushions etc**

Phone and make an appointment to
visit or we will visit you

Call: 07712 123 783

Email: mertisbel57@gmail.com

Professionally made by us here in our workroom
Fabrics, tracks and poles to order

Website: www.belgravesewcreative.com

G. V. ELECTRICAL SERVICES

for all types of electrical work



DOMESTIC
INSTALLER

- REWIRING
- EXTRA ADD-ONS
- MODIFICATIONS

Free Estimates



020 8904 7923

Mobile: 07947 595 112

Crime Prevention Advice:

Burglary:

- Ensure that your perimeter fence/wall, your house doors and windows are fit for purpose. Boundary walls and fencing along with shrubbery is the first line of defence to an intruder and should be good enough to keep a potential burglar out. A lot of houses in the Sudbury Court Estate have a shared driveway with easy access to the rear, if at all possible, please try to get this open access gated off - most burglars gain access via the rear of a house.
- Please ensure that garden sheds are locked and that all garden implements are locked away as frequently these are used to break in to houses.
- Consider getting an alarm / alarm box fitted, CCTV cameras or dummy ones.
- Keep your car keys hidden and not on/in the cabinet near your front door.
- Make sure to secure your side gates when you go out and ensure that your garden fence or wall is durable and designed for purpose - to keep out intruders!
- Consider installing an alarm system and a safe for your jewellery and valuables.

Vehicle Crime -

- do not keep valuables in your car; ideally leave your glove box open and do not leave any goods/property in the car.
- do not leave a sat nav holder on display and rub off all marks of sat navs from your windscreen.

- Be on the look out for tow away vehicles, these are being used to steal cars from people's driveways - if you see someone load your neighbour's vehicle onto a tow truck/a truck with a hoist and your neighbour is not present then you may be witnessing a theft of your neighbour's car so consider ringing the police - try to obtain the registration number of the tow truck.

Please consult the websites listed for more crime prevention tips or, if you do not have access to the internet perhaps speak to us and we might be able to arrange that you obtain a crime prevention pamphlet.

Useful numbers:

Dial 999 in the case of an emergency, where a crime is in progress or where life is in danger.

For non-emergencies, ring 101

To give information anonymously call Crimestoppers on 0800 555 111

Useful websites:

The websites below have a whole host of useful information from crime prevention to crime statistics to identify theft!

www.met.police.uk

www.homeoffice.gov.uk

www.cifas.org.uk

www.direct.gov.uk

SUDBURY COURT MAINTENANCE

- Gardening • Tree Cutting • Fencing
- Pressure Washing - Patios & Driveways
- Garden Clearance • Rubbish Removal
- All General Cleaning • Gutter Clearing
- Window, Carpet & Upholstery Cleaning
 - Roof repairs • Light Removals
 - Handyman • Decorator
- Large van for house removals, clearance and deliveries

Call: 020 8904 8734 or 07932 300642

Seniors Outing—1st August 2018



Out of the ashes . . .



This year's Senior Citizens' outing will be to Hastings

Those of you who have been regulars on this annual outing will, no doubt, remember that when we went in August 2009 the pier was inaccessible having been rendered unsafe due to storm damage. Then in 2010 it was badly damaged by fire.

However, the pier has now been rebuilt and won last year's Stirling Prize, awarded by the Royal Institute of British Architects. It has been described by judges as a "phoenix risen from the ashes".

If you would like to be on this outing, then look out for the booking form in next month's Courier."



SKERTON & SON LTD

Est. 1950

**Extensions—Renovations—
Refurbishments—
New Build—Bespoke Joinery**

12 MULGRAVE ROAD, HARROW HA1 3UF

Tel 0208 8646900

Fax 0208 8649380 Mobile 07956 517451

skertonandson@aol.com

www.skertonandson.com



**Your Local Printer
for all of your
printing needs!**

***Business Cards, Leaflets,
Invitations, Booklets,
Banners, Apparel,
And much more!***

**Call us for a free
quotation:
0208 9037524**



**wembley@minutemanpress.com
www.wembley.minutemanpress.co.uk
58 Harrow Road, Wembley, HA9 6PL**



Volunteer website assistance

Tech-savy, especially Wordpress, for occasional help with updating our website.

2 x Volunteer Courier deliverers

Byron Rd & Watford Rd

If you're local to those areas and have an hour or so a month, please do put yourself forward; we need you!

Please contact Noura:

secretary@the-scra.co.uk

*Look as young
...as you feel*

Our facial rejuvenation treatments can achieve:

- * Skin rejuvenation
- * Fewer, softer facial lines
- * Reduced pigmentation
- * Radiant skin
- * A smooth, fresh complexion
- * Facial acne improvement

Ask about Botox®, dermal fillers and facial peels



**Blue Court Dental Centre
201 Watford Road, Harrow HA1 3UA
Telephone: 020 8904 9440**



SCRA Membership

As previously mentioned in recent Couriers, and discussed at the AGM, we have a declining membership.

Years ago, we used to make sure membership was kept up because neighbours talked to each other!

I have mentioned previously that I'd like to see one or two 'ambassadors' per street—a few residents at the AGM offered to go and talk to their neighbours—so if one of your neighbours come knocking on your door, talking to you about membership, don't be surprised!

The SCRA Committee is small and can only do so much. If we had to oppose anything major, the fact of declining membership (and therefore subscriptions) and lack of new members to the Committee will hinder any action the SCRA can take.

Be an ambassador!! It won't take up much of your time—although it may take a bit to begin with, just to introduce yourself.

Also, if you are willing to help organise residents events, please get in touch! You do not have to be on the Executive Committee to get involved.

Re: membership fees: One suggestion, which we thought was a good one: if residents could set up a Standing Order, then payments would happen annually, without residents having to physically find the cash/chequebook, put it into the envelope and deliver to the local collection points (although that facility will still be available).

So, **the Standing Order form that came with this issue of The Courier—please do consider setting it up**, and ensure that the SCRA can continue to work hard for you.

(see page 17)

ALL SYSTEMS GO! BOILER BREAKDOWNS Repairs - Replacement - Servicing HEATING SPECIALISTS

Gas Safe Registered

Central Heating Installations
Power Flushing - Landlord's Certificates
Free Estimates

Alan Lazarus C.I.T.B. A.C.S. Qualified

8904 4059 / 07956 298867

Blockley Road - Sudbury Court Estate

3 G's ELECTRONICS

Repairs – Services – Accessories

All makes and all models

141 Harrowdene Road

North Wembley, HA0 2JH

020 8904 8810

Computers, Digital Camcorders, Plasma TV,
Home Cinema Systems, Video, DVD-VCD,
HI-FI, Digital Satellite Receivers, In-Car
Stereos, Accessories, Etc.

All work guaranteed

Parts available for all appliances

www.3geeselectronics.com

LAWRENCE J MAGNIER

86 NATHANS ROAD, NORTH WEMBLEY

BLOCK PAVING • DRAINAGE
BRICKWORK • FOOTPATHS
PAVING & FENCING

GENERAL BUILDING WORKS

ESTIMATES FREE

PLEASE RING AFTER 5.00 pm

020 8904 4879

The Memory Cafe

Support for those experiencing memory problems



Many of you will remember the wonderful BBC sitcom *The Good Life*. It was so charming and is still a delight. Like a lot of the sitcoms in the 70s it was actually trying to answer some important questions that society had. In this case the question was – what makes for the good life? It is a very good question and one many of us are still wrestling with today.

It seems patently obvious that money is not the secret to happiness – although being very poor can make us very unhappy. I have come to think that the roots of any well-lived life lay in serving others and being a part of a community. Simply chasing pleasure and self-interest quickly becomes hollow.

I think that Memory Café, and other voluntary activities, are at the heart of the life well-lived. Each week people tell me that the Café makes a difference to them. They find that it has brought companionship and fun into their lives. Now I use the word fun advisedly. Fun is much underrated. But we humans thrive on fun and not taking ourselves too seriously.

So if you feel that life's a bit drab or you want to make a difference why not give us a try at Memory Café 11-1 every Thursday at St Cuthberts Church. You don't need to have memory issues in order to come; we welcome all.

See you there folks!

Easy Electrical Care

Tel: 020 8900 2287
or 07976 535 867



- All Electrical and Building Work Undertaken
 - Inspection & Testing Reports
 - Fault Finding to Complete Rewiring
 - Free Quotes
 - NICEIC Guarantees/Warranties
- Email: info@eecare.co.uk
Website: www.eecare.co.uk

Karisma

BEAUTY, HEALTH & HOLISTIC THERAPIES

Qualified, Professional Beauty & Holistic
Therapist IHBC / IIHHT / ITEC

Come Relax, Rejuvenate Your Mind Body & Soul . . .

Modern, Relaxing & Hygienic Ladies' Salon on the Sudbury Court Estate

- ♦ LUXURY "ORGANIC AROMATHERAPY FACIALS" & SKIN CARE
- ♦ LUXURY MANICURE & PEDICURE ♦ NAIL & EYE TREATMENTS
- ♦ HAIR REMOVAL ♦ HOLISTIC BODY MASSAGE
- ♦ BRIDAL HAIR & MAKE UP ♦ REFLEXOLOGY
- ♦ INCH LOSS, ANTI CELLULITE, BODY-FIRMING THERAPY
- ♦ AYURVEDIC THERAPIES & THAI TREATMENTS AVAILABLE



07952 122 411 Special Offer - 10% off 1st Treatment to New Clients (Sudbury Court Residents)

saintcuthberts

worship ♦ demonstrate ♦ equip

Carlton Ave West . 020 8904 8599 . www.stcuths.org



Some people think that parish priests only work on a Sunday! In fact I find myself very busy every day of the week, here at St Cuthbert's. A regular week involves church services, visiting people, writing sermons, and so much more. If the drains get blocked, I am the unblocker. If a pigeon flies into the church, I am the bird chaser. You have to be a jack-of-all-trades. But the real privilege comes with being with people at the best and worst times of life. As a parish priest I am here for you in all the circumstances of life.

May is a slightly gentler time. Christmas and Easter have been and gone, and so we concentrate on the daily rhythm of church life. Many of us have had, or have, crazily hectic lives. We never seem to stop, take stock and appreciate all that we do have.

Church is a place that allows us to stop awhile and reflect. And in our modern world that is a rare luxury. So if you are looking for a bit of peace, and a time to reflect we are here.

The other day, I was just sitting in the church doing just that— enjoying the atmosphere and watching the light coming through the windows. I felt an intense sense of peace. Mother Julian of Norwich famously said, "all shall be well."



In those moments, in church, I knew she was right.

Rev'd Steve

"GOT A CAR? HAVE A PROBLEM?"



*For the very best service available,
call St. John's on 8902 2085, 8903 3666 or 07966 252 643
and ask for Danny or Yogi*

- | | |
|--|---|
| <input checked="" type="checkbox"/> Servicing and repairs | <input checked="" type="checkbox"/> All latest diagnostic equipment |
| <input checked="" type="checkbox"/> M.O.T while-you-wait | <input checked="" type="checkbox"/> Tyres fitted while-you-wait |
| <input checked="" type="checkbox"/> Auto electric specialists  | |
| <input checked="" type="checkbox"/> Key cutting and programming provided in house | |
| <input checked="" type="checkbox"/> Air conditioning services provided in-house | |
| <input checked="" type="checkbox"/> Bosch trained fuel injection & A.B.S. | |
| <input checked="" type="checkbox"/>  Paintguard approved bodyshop | |
| <input checked="" type="checkbox"/> Insurance approved repairs | |

Friendly Family Firm
Established over 30 years
Open 6 days a week

St. John's Road GARAGE.



2/4 Eccleston Court, St John's Road, Wembley HA9 7HY.
(Just behind Primark)

Health on your travels—part II

Welcome to the second part of my travel update. More now on mosquito transmitted infection.

Some of you may have heard of Zika. Just before the Olympics in Brazil in 2016, there seemed to be many babies being born with very small heads and other abnormalities. This turned out to be caused by a viral infection transmitted by mosquitoes, which was contracted by their mothers during pregnancy. The virus is a bit like German measles (rubella) in as much as the pregnant mum is not particularly unwell, and may not even know she has been infected with Zika, but it can cause damage to a developing embryo. Zika virus is now common in very many countries including India, South America, West Indies, Asia and Africa. The virus affects both men and women and can also be passed on to a partner via sexual transmission. We advise women travelling to an area where there is moderate to high risk of Zika to postpone non-essential travel if they are pregnant and to avoid getting pregnant for at least 8 weeks after returning to the UK. Men are advised to delay trying for a family

for six months after their return from a moderate to high risk Zika affected country as the virus can persist for several months without showing symptoms. Advice on reducing the risk of sexual transmission of Zika Virus for couples who are pregnant or planning to conceive can be found at: <https://travelhealthpro.org.uk/factsheet/5/zika--risk-assessment>

The blood test for Zika is not always accurate and is only available to those returning travellers with symptoms of Zika. So pick your honeymoon destinations carefully if you're planning to have a baby soon after your wedding!

Zika virus is transmitted by a mosquito that bites, predominantly, during daylight hours and at dusk. For those travelling to a country affected by Zika, make sure you're following mosquito bite avoidance advice. More next time on other mosquito transmitted diseases...don't worry we cannot get any of these from the mosquitoes that annoy us in the UK in the summer months.

DR JANE WOYKA
MA MB BChir MRCGP DFRSH

PRIVATE GPs

TRAVEL CLINIC

OCCUPATIONAL HEALTH

MEDICALS

MENOPAUSE

IMMUNISATIONS



The Harrow Health Care Centre

PRIVATE GENERAL PRACTICE

TRAVEL VACCINES,

SPECIALIST
IMMUNISATIONS

Our Address:

1st Floor Reception & Consulting Suite
The Clementine Churchill Hospital,
Sudbury Hill, Harrow HA1 3RX

To book an appointment, call us on:

0208 861 1221

info@harrowhealthcare.co.uk
www.harrowhealthcare.co.uk

Surgery Hours: Monday - Thursday 8am - 8pm, Friday - 8am - 6pm,
Saturday Morning - 9am - 12 noon

We are regulated by The Care Quality Commission Reg. No. PO50002272

HHCC is a Yellow Fever and NaTHnac registered travel centre



Pebwatch

A WhatsApp Group for the Pebworth Estate has been set up following a Police street briefing on 16th March (thank you to Krupa for suggesting WhatsApp). The group now has over 100 members and is steadily growing.

The idea of this group is keep everyone on the Pebworth Estate (including Sudbury Court Drive) informed of any suspicious events or vehicles, and of course any crimes in progress.

Since we started the group we have shared details of suspicious vehicles touring the area and possibly assessing the houses for opportunities of criminal activity. Pictures are also circulated and we try to include the vehicle registrations.

The Met Police Safer Neighbourhood Team for Northwick Park are now members of the group, PC Kennedy and the team have already arrested one group of transgressors. We are hoping that more residents can join this WhatsApp group. We will need to ensure that only residents are involved so there may be some vetting of requests to join - the best method is through a resident already in the group or you can email pebwatch@gmail.com and the name will be checked against the electoral register before you are enjoined. We will need a mobile number a name and address though these may not be displayed in the group - this will be discussed at a forthcoming meeting yet to be arranged.

Hardip Singh

It certainly seems to be a positive initiative—Our Safer Neighbourhood Team Agree. Come and discuss the possibilities of this initiative for the Sudbury Court Estate on 12th May (see page 17)

Kaye

Creating & maintaining natural smiles

- Quality care for all the family
- Full range of cosmetic treatments
- Facial rejuvenation using Botox®
- Early, late & Saturday appointments
- Highly experienced, friendly team
- New patients always welcome

Call us now on **020 8904 9440**



Blue Court Dental Centre
201 Watford Road, Harrow
Middlesex HA1 3UA





Help for your feet is in our hands

This month we would like to remind our readers why we are here.

At the Foot Comfort Centre, we take pride in providing footcare and footwear for all your family.

Whatever the issue our team of experienced experts will do all they can to help you on the path to being pain-free.

In addition to our commitment to provide unrivalled foot care advice and support to our community by contributing and circulating foot health and prevention information, here is a list of services we offer:

Medical Footcare & Pedicure:

We have affordable services tailored for your need whatever the problem which can be handled by our foot care nurses as it can by our foot care specialists.

Gait & Posture Service:

Using state of the art technology we can evaluate your foot and ankle function and provide a range of treatments which include custom insoles, rehabilitation and footwear.

Nail Cutting Service:

Design specifically for the elderly and needy.

Ingrown Toenail Service:

A common complaint easily treated by footcare or in unresponsive cases you may consider nail bracing or even surgery.

Wart & Verruca Service:

Again, a common condition easily treated using acids, freezing or surgery.

We always use a fresh set of sterile instruments with all patients and maintain a high level of cross infection control.

Thanks for reading,

Firoz

For more foot care tips visit our website: www.footcomfortcentre.co.uk

Foot Comfort Centre

Specialists in Foot, Heel & Ankle Pain

We welcome walk-in patients

Open 7 days

www.footcomfortcentre.co.uk

Tel: 020 8908 1425

130 Llanover Road, Wembley

Middlesex HA9 7LT

Bus Route 245



North Wembley Underground
& Overground station



We have recently had a slight spike in burglaries (although the SNT have also seen a reduction following interventions); cold calling scams are common; anti-social behaviour in our green spaces and local car parks—incl the Church—has become an issue; traffic issues.

Discussion about what we can do to help ourselves and each other.

Some of us will also pop out and Clean the Green, kicking off the Sudbury in Bloom community initiative.

ALL WELCOME

St Cuthberts Church Hall
214 Carlton Avenue West
Wembley
HAO 3QY



➤ Boiler upgrades supplied and fitted

➤ Full central heating installations

➤ Mego-flo's to Power flushing

➤ Gas leaks & burst pipes

➤ Full bathroom installations

➤ All aspects of plumbing covered

➤ Landlord Certificates



07956 189 115

020 8902 3477

33 Tudor Court, North Wembley

J & A PLUMBING & HEATING SERVICES

➤ Central Heating
➤ Boiler Installations ➤ Kitchens
➤ Bathroom Suites ➤ Showers
➤ *All work guaranteed*

Tel: **020 8908 6021**
Emergency Tel: 07831 544 538
No call charge Mon-Fri 9am-5pm
City & Guilds Qualified - Corgi Registered
29 Woodcock Dell Ave, Kenton, Harrow, HA3 0PW
Email: info@j-and-a.co.uk

The Institute of Plumbing
ip
REGISTERED
PLUMBER

Safe
safe
PLUMBER

WEMBLEY ABC
BOXING CLASSES ULTIMATE FITNESS
DISCIPLINE FOCUS



GOT WHAT IT TAKES?

FIRST SESSION FREE

ALL WELCOME EVERY WEDS/FRI @ 6.30pm

ALAN 07466 789013
QUALIFIED, INSURED AND DBS CHECKED
St Andrews Church Hall - 956 Harrow Rd HA0

CUTH'S TODDLERS' GROUP

Fun Play Stories Support

Every Friday 10-11.30 (except school holidays)

£1.50 per family.

saintcuthberts

214 Carlton Avenue West

HA0 3QY

0208 9041457

www.stcuth.org

WINDERMERE NURSERY

Windermere Avenue, South Kenton

Children aged 2 to 5

OFSTED APPROVED

Open 8.30am to 4pm

51 weeks per year

Grants available for all 3 and 4 year olds;

FREE 30 hours per week for 2 year olds, subject to status.

020 8904 3327

07715 412 168



ARCHITECT

MITESH PAREKH

RIBA - ARB

**PLANNING APPLICATIONS
CONSERVATION AREA CONSENT
BUILDING REGULATIONS**

Architect experienced in all types of planning applications; from conversions and extensions, to conservatories. Working closely with you and the council to meet your renovation requirements.

**info@miteshparekh.co.uk
07951489111**



J S P ACCOUNTANTS

020 8427 0086

For friendly and helpful assistance with all your financial matters, our trained, professional staff will be delighted to assist you.

Call us now to arrange a **FREE** preliminary appointment, email us via our website at www.jspaccountants.co.uk or feel free to visit us at our local Harrow offices.

**JSP Accountants Limited
First Floor
10 College Road
Harrow, Middlesex HA1 1BE**

Business Services ... Specialist Sector Advice ... Tax & Audit Enquires ... CALL NOW!



SUDBURY COURT BIRD WATCH

By Rod Lake, 24 Amery Road, Harrow HA1 3UQ

Email: lake510@btinternet.com



Recent sightings

Towards the end of March, we had an unusual visit of four mallards (three guys and a girl) to our garden. Two of the males were being very solicitous towards the lady, whilst the other male seemed to be keeping guard.

My wife had been watching them for several minutes through our kitchen window before I joined her. Of course my camera was upstairs! (Why don't I learn?)

Some twelve years, or more, ago, we had a regular group of mallards on the estate. They often visited a swimming pool in a garden in Littleton Crescent, frequently flying on to drop in to a garden in Sudbury Court Drive where they were sure of being given something to eat!

A pied wagtail was seen in Pebworth Road and Pat has reported seeing a collared dove recently. (Me too!)

Francis had both redwings and fieldfare in his garden, stripping the berries from his *cotoneaster* bush.

That's another good month's set of sightings.

Swifts' return

By the time you have received your copy of the May *Courier* you may have already seen, or heard, some swifts returning to their nests to breed. Last year they were rather late and, unhappily, much fewer in number.

Don't forget our little competition to see who can be first to report seeing them. (Some of you actually hear them several days before you see them!) Send me an email when you do - and don't forget, as someone did last year!

RSPB Garden Birdwatch

The RSPB published the results of its annual garden birdwatch at the end of March. 400,000 people took part and, once again, the house sparrow was the most seen bird by them. Second and third were starlings and blue tits respectively.

As for the most seen bird in our Estate count - the feral pigeon by a long way!

Change of menu!

Terry emailed me to say that he had bought some new feeders in order to extend and compliment his usual offering of peanuts. Now fat-balls and other seeds are on the menu in his garden. His reward was the arrival of

several goldfinches. These were exciting new visitors for him and he took this month's photo to share with you.

It is interesting to note that barely ten years ago goldfinches would only take niger seed. I bought several different niger feeders to encourage them into my garden with some success. But now they come to our feeders for sunflower hearts as first choice!

Someone should tell them that they have the wrong shaped beaks for sunflower hearts!

Haiku

Last month, we printed a Haiku (an ancient type of Japanese poetry) written by Grace and I asked if anyone would like to try their hand at writing one. A Haiku reflects upon a moment in nature. It must be 3 lines of blank verse in 5/7/5 syllables. Do have a go!

Here's my effort:-

*Blackbird sings his song.
The world would be enchanted
If it would listen.*

Rod Lake



Home care with a difference



Care in the comfort of your own home

Our care is highly personalised, is built around the needs of the individual and always in accordance with your wishes. We visit when you want us to, at a time that is convenient to you and your family member.

- Award Winning Care
- Highly trained CAREgivers
- Companionship Services
- Home Help Services
- Personal Care Services

If you, or a family member needs a little help, please get in touch, we are here to help. **0208 731 5211**

www.homeinstead.co.uk/wembley
Email: wembley@homeinstead.co.uk

Home Instead
SENIOR CARE
to us, it's personal.



Each Home Instead Senior Care® franchise office is independently owned and operated. Copyright © Home Instead 2018.

AGM report 11th April 2018

♦ **Welcome**

Meeting began at 7.40pm

♦ **Byron Court Expansion Update and Traffic Management**

– Presented by Brent Council Officers - Kelly Wallace (Interim Capital Programme Manager) and Jas Yembra (Interim Capital Project Manager)

First, an update on the construction programme: to expand the school by an additional two-forms of entry (across each year group); 20 new classrooms, landscaping work, 360 new students, a new permanent entrance on Nathan Road.

Works due to conclude in November 2018. Works have been affected by weather recently – currently one month behind schedule. Working with the construction company, Grahams, to ensure no delays to overall timeline.

Foundations and building frame completed. New services are being laid for the Nathans Road entrance. Weekly meetings have been taking place to ensure local resident concerns are being addressed. School staff have been issued with permits to ensure they are not taking up resident street parking – this is a planning obligation and any contravening staff will be dealt with by the school.

Rogue contractor drivers – commitment to work to curb this.

Secondly, longer-term traffic/travel management strategy (looking to try to implement these sooner rather than later – target for delivering the works is August 2018). Not just construction travel that is an issue, but (longer-term) the increase in cars accessing the school during pick-up and drop-off times.

Suggestions include speed tables, zebra crossings, segregated footpaths and a covered waiting area for pedestrians in the Park – the programme will be subject to public consultation, including local residents.

Code of Conduct for parents and students; workshops on the use of cars and behaviour; (data issues to be considered, but possibly) require parents to register their car registration numbers so repeat offenders can be identified.

Questions from residents:

Q: Will improvements/extensions to public transport be provided so parents will have other opportunities to travel to the school?

A: Point will be taken back. Park and Stride scheme is one option. Perhaps rotas for staff to walk students into the school; also helps to address childhood obesity

Q: Staff aren't happy to park at NWP and walk; why would parents do it?

A: Vision is that the culture itself needs to be changed. The action plan then needs to be implemented, managed and monitored.

Q: There is still speeding, despite humps in the road and speed limits; illegal manoeuvres parents ignore the school, residents, police. What is being done?

A: Need to work together to implement the travel plan. The new Working Group has been well attended – we need to be able to listen to each other and work together. Everyone wants things to improve.

Q: Will residents be able to drive into the school on Polling Day, as previously?

A: Don't know – will ask and let you know.

Q: Estate can't deal with more traffic. Cars need to be stopped before they enter the estate. Use public transport or walk. What about safety – kids not strapped in properly etc? Why are parents who perform illegal parking and driving not being prosecuted?

A: Imperative that all parties work together, openly and collaboratively. Early days yet; Plan is to be very open and transparent, and the Council plans to engage fully with the residents.

Q: Do we know the percentage of pupils who live locally and therefore don't 'need' to be driven to school?

A: Traffic impact analysis reports will play a part in the measures.

Q: What about parents who have kids at different schools or need to get to work? The ideas being generated are not realistic. Park and Stride not successful at other schools, not going to work.

(cont'd on page 27)

Clean the Green—12th May 2-4pm

Come and join us for Clean The Green, a cup of tea and a chat, 'kicking off' Sudbury in Bloom. We'll run this alongside our Community Meeting (see page 17). We're not expecting anyone to do any 'hard labour', but later in the year we'll be planting flowers and bulbs, and we're looking to see how many residents want to see more flowers across the estate.

CLIVE SHORT

GARDENER

City and Guilds Qualified

R.H.S Qualified

020 8428 7230

07956 583 413



SOFT LANDSCAPING
INITIAL MAINTENANCE
HEDGE TRIMMING
LAWN MOWING
WEEDING
TREE & SHRUB
PRUNING
PLANT DESIGN &
CREATION
CLEARING, ETC



St. George's Nursery- Dragons

Sudbury Hill, Harrow, HA1 3SB

Open 49 weeks a year



Managed by
Governors of
St George's
Primary
School.



Term-time availability

**15 & 30 hr
funded
sessions**

For enquiries please telephone
020 8423 9846

or email
dragons@stgeorges.harrow.sch.uk



Providing exceptional nurture, care and education.



CALLING ALL GARDENERS

Sudbury Court
Horticultural Society

Your local gardening club

At last we are enjoying a spell of warmer, settled weather. Maybe Spring is finally on the way. Our gardens are responding with a surge of Spring energy. Bulbs we had forgotten about are flowering in the borders while magnolias in front gardens are suddenly magnificent. The lovely group of almond trees planted last year in the verges of Carlton Avenue were the first to bloom. They remind older residents of the wonderful sight that Carlton Avenue used to be in February/March when all the trees along that avenue were almond trees. Let us hope that more flowering trees will soon be planted in the gaps where old favourites have been lost in the winter storms.

We hear that we are now to be encouraged to plant our grass verges with wild flowers. Quite accidentally, the verge in our picture has developed patches of sweet violets. Far from shrinking as they are supposed to do, these violets relish their sunny southerly aspect. They are self sown, having escaped from a garden, with the seed blown along the verge by the westerly wind and, I suspect, by the Council's grass cutters. Soon the violets will be followed by yellow dandelions and after that - who knows!

May we remind you of the **SCHS Coffee Morning and Plant Sale on Saturday 19th May**. We booked the date at St Cuthbert's Church well before Harry and Meghan announced their engagement, so were a little disappointed that they chose our date for their wedding! However, we hope you will be able to come to along that

day **between 9am and 12 noon** to collect the summer bedding plants you have ordered, to enjoy a cup of coffee or tea and chat about gardening or weddings or whatever. There will also be on sale a limited selection of boxes of flowers and vegetables for all-comers to buy. Early birds will have the best choice!

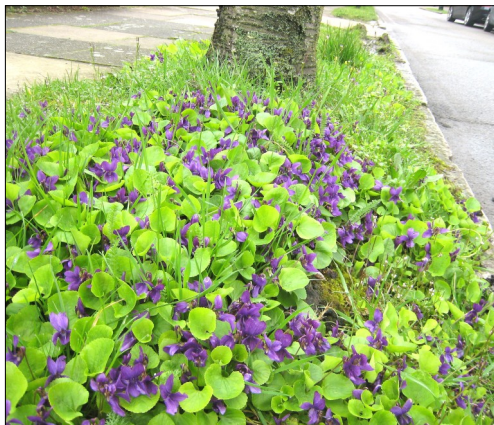
At half term, Christine has arranged our visit

to **Hyde Hall**, the RHS garden near Chelmsford on **Wednesday 30th May**. We hope that this visit will appeal to families for a range of special children's activities are on offer at Hyde Hall that day. There is a good restaurant and the gardens, set in the Essex countryside in good fresh air, will be at their early summer best. A guided garden tour may be ar-

ranged. The cost is £17 for adults, £10 for children. The coach leaves St Cuthbert's Church at 9am. Please contact Christine Lawton. Telephone 020-8904-7851 or e-mail clawton13@btinternet.com to book your places. Our second visit of the season is planned for **Tuesday 10th July** when we take a ride through the Chilterns to visit **Chenies Manor House and garden and Van Hage Nurseries**. More about that next month, but please book the date in your diary.

The **SCHS Early Summer Show** will be coming up on **Saturday 16th June** - another date for the diary. We hope to see many more of you at this happy event. More details next month, but in the meantime, take every chance to enjoy your gardens.

Margaret Roake



www.the-scra.co.uk

we're still looking for photos and stories
for the new website,
especially historic photos
Please contact
editor@the-scra.co.uk

Refrigeration and Air Conditioning Specialist

Installation

Services

Repairs



All works undertaken are guaranteed
Engineers are F'Gas Registered.
Free quotation provided
Domestic and Commercial works done

08450 514 636

07956 625 736

Local company serving local people



1009027

40 Elms Park Ave, Wembley, HA0 2RS

info@hilldenservices.co.uk

Rosalina Hair & Beauty

صالون روزالينا للسيدات

Highly experienced stylist in colouring, threading, tinting, waxing, cutting, perming, permanent hair straightening, Brazilian keratin treatment, hair botox, Olaplex treatment, hair extensions, semi-permanent eyelashes, LVL lift curling eyelashes and party 'up-dos'.

Bridal packages available. Specialist in Asian, Arabic and Western hair types

Ellipse IPL Laser System

Hair removal, sun damage, brown spots, acne, collagen rejuvenation, thread veins, in-grown hair, large pores, redness, fine lines

50% discount on large area

30% Discount on small area

143 Harrowdene Road, North Wembley HA0 2JH (North Wembley station)

Mob: 07827 769 300 Tel: **020 8908 5790** Rosalina-2011@hotmail.co.uk

THE BONNER BUILDING COMPANY

"FOR ALL YOUR BUILDING NEEDS"

For a professional Quality Service call now

07970 983 244 (Mobile)

New Build • Renovations • Refurbishment
Extensions • Garages • Garden Walls
All Types of Paving • Landscaping
Fencing • Plastering • Pebbledashing
Roof Repairs • Repointing • Guttering

"WE BUILD ON OUR REPUTATION"

Friends of Barham Library



LOADS OF BOOKS

We have a large collection of Books.

Come and visit us: Sat 12—5pm

Mon, Tues, Weds 2:30—6pm

ARM CHAIR YOGA

Our Memory Lounge group provide 'free' arm chair yoga on Tues 12 o'clock. For a small donation you can stay and enjoy fresh soup prepared by Paul Lorber and his Library team.

BOOK CLUB

Gaynor Lloyd organises our monthly book reading group. Email for details.

UNDER 5s STORY TELLING & RHYME

These 30 minute sessions are on Tues 11am

SHOP IN SUDBURY TOWN STATION

We have hundreds of books, DVDs, CDs and other bric-a-brac items in our shop at the station. You can even buy vinyl records and if you don't want to play the record we will turn it into a 'novelty' clock for you.

The shop is open: Weds, Thurs, Fri 3—7pm (sometimes until 9p.m.) and Sat 1—5pm



EVENING YOGA FOR ADULTS

These take place in our Library on Monday and Thursday at 7p.m. The 1 hour sessions cost £6 or £30 for 6 sessions to be taken over a 2 month period.

BIG LUNCH – COMMUNITY

PICNIC IN BARHAM PARK
This 'share your food' with friends and neighbours event is being planned for Father's Day, **Sun 17 June**. Please put the date in your diary and plan your picnic in 'sunny' (we hope) Barham Park.

For details of any activities at Barham Community Library please contact Paul Lorber who is in training for his next fundraising run for the Library.

Barham Community Library,
Barham Park

660 Harrow Road, Wembley HA0 3JF

For more information on any of these activities please contact Paul Lorber:

barhamlibrary@hotmail.co.uk

07917094239

ADZ BEEMERZ



BMW & MINI SPECIALIST SERVICE, REPAIRS & SALES

■ SERVICING ■ REPAIRS ■ SALES ■ ADVICE

- Bespoke Servicing and repairs
- Only genuine approved parts used
- Castrol lubrication centre
- Forté treatment centre



020 8908 4957

07836 326 927

adzbeemerz@hotmail.co.uk

- Diagnostic repairs
- MOT preparation and MOTs
- 23 years BMW experience
- Used car sales



203 Watford Road,
Harrow, HA1 3UA

www.adzbeemerz.co.uk

AGM report *(cont'd from page 21)*

A: There are dedicated teams who work at all levels to ensure travel plans work and to check how/whether they are working. Park and Stride is not a new concept; has worked at other schools in similar situations.

Q: Free Parking in Northwick Park? Any consideration to extend the car park in NWP?

A: Don't know – not within my remit. Will take points back.

Q: Residents being let down by Council in favour of contractors. *Particular issue about his property will be addressed.*

A: Council getting confirmation and commitments from the construction company at the highest/director levels—meeting next week.

KJ has been attending weekly engagement meetings – can confirm that attempts are being made to call the contractors to task for contraventions. Know it doesn't feel like much at the moment, and progress is slow but at least the conversations are taking place and there is finally a forum for these issues and concerns to be addressed. All need to work together to put ideas forth to move forward. SCRA can't help/represent if residents don't speak to us or let us know what their concerns are/give us their ideas/inform us about what is going on locally.

♦ **One Public Estate**

Council officers were invited but didn't attend. Cllr Keith Perrin gave a very brief overview of the information available (see March issue of The Courier and information on Brent Council website – 12th Feb2018 Cabinet decision).

In answer to various questions:

There are currently no proposals to build on the park/playing fields. New homes/living spaces for approximately 3,600 individuals, including high-rise flats. £9.9m funding has been received for infrastructure – must be a new road! For access to these homes. Where is this going to be? What are the plans for this? How is wildlife going to be affected? Residents need to be provided with full, transparent access to this information.

SCRA to put pressure on the Council to answer resident queries.

Currently awaiting more information re: plans, but everything has to go through a Freedom Of Information request. Why is this? We have no answer to that.

♦ **Safer Neighbourhood Team update**

Brent, Barnet and Harrow police forces are merging. This will lead to some, but hopefully not too many, changes to local team – will keep updated. (see page 4)

♦ **SCRA Elections:**

Kaye James did not stand for re-election
Chair: Vacant

Vice Chair: Vacant

Treasurer: Pareet Shah

Secretary: Noura Abdul-Cader

Executive Members: Sukaram Chopra, Frank Manches, Beverley Persaud, Dolores Davis, Paul Davis, Vanessa Barker, Keith Barker, Hardip Singh, Narinder Bajwa

Honorary Auditor: Paul Lorber

Honorary Solicitor: Vacant

Membership Secretary: Aileen and Chris Bommer

♦ **Accounts**

SCRA in good financial health

♦ **Membership** – see page 11

♦ **SCRA Senior Citizen Outing**

David Friend spoke briefly about the Outing for this year (see page 9) - to Hastings, on 1 August 2018.

♦ **Memory Cafe**

Reverend Steve spoke briefly about what a wonderful community we have, and how the Memory Café is going from strength to strength—about 100 people at the previous week's Cafe. He was also pleased to report that they are leading the way to encourage other Cafes to be set up across the country!

♦ **Thanks and closing remarks.**

Meeting closed by 10pm.

Kids' Page



(Have you got a favourite joke or riddle? If you email it to me we'll print it on this page—see if you can make our neighbours laugh!)
preeyaatthecourier@hotmail.com



Knock-knock

Who's there?

Imma

Imma who?

Imma gettin' tired of waiting -- let me in!

Knock-knock

Who's there?

Roach

Roach who?

Roach you a letter. Didn't you get it?

Knock-knock

Who's there?

Dishes

Dishes who?

Dishes a nice place you've got here!

Will you remember me in one minute?

Yes

Knock-knock

Who's there?

Hey! You didn't remember me!

Riddles

A house has 4 walls. All of the walls are facing south, and a bear is circling the house.

What color is the bear?

The house is on the North Poll, so the bear is white

What is at the end of a rainbow?

The letter W

What starts with the letter "t", is filled with "t" and ends in "t"?

A teapot

A girl is sitting in a house at night that has no lights on at all. There is no lamp, no candle, nothing. Yet she is reading. How?

She is blind and is reading braille

Spot the deliberate mistake

Answer 'poll' should be pole





Safeclean

The furnishing care specialists from GUARDSMAN
www.safeclean.co.uk

Professional Cleaning of Carpets, Upholstery, Curtains & Leather.
Independently Owned & Operated by Robert Loomes
Specialist in Stain & Odour Removal Recommended by Leading Furnishers Throughout the U.K.
Guardsman Anti-Stain Protection With a 5 Year Guarantee

• Domestic & Commercial •	All Work Fully Insured and Guaranteed
• Guaranteed No Shrinkage •	
• Free Estimate & Advice •	

FREE PHONE 0800 328 6017

67 Lankers Drive, Harrow HA2 7PA. Email: robertloomes@safecleanharrow.co.uk www.safecleanharrow.co.uk



WHAT'S ON

IN AND AROUND THE ESTATE?

DATES FOR YOUR DIARY

A free community service -
just let the Editor know.



SUDBURY NEIGHBOURHOOD CENTRE—invite you to join us at a **QUIZ EVENING** on **Thurs 10th May**, 7.15pm £6 per person and at a **TEA PARTY** (with live music) on **Weds 16th May** 1.30 to 3.30pm £7 per person. Please phone Katia on 020 8908 1220 to confirm booking.

HARROW PHILHARMONIC CHOIR—will be hosting a **CHORAL WORKSHOP** on **Sat 12 May**, (1:30pm for registration. 4:30-4:45pm for informal concert), at Wealdstone Methodist Church, Locket Road, Wealdstone HA3 7ND. This is a learning workshop, helpful for singers and hugely enjoyable. £10. We are currently rehearsing at Victoria Hall, Sheeppcote Road Harrow, the Gilbert & Sullivan's Pirates of Penzance for our June concert.

CUTH'S TODDLER'S GROUP—Fun. Play. Stories. Support. **Every Friday** 10-11.30 (except school holidays) £1.50 per family. St Cuthbert's, 214 Carlton Ave West, HA0 3QY 020 8904 1457 www.stcuth.org

SPIRE CAFE - 3rd Saturday of every month 10am-3pm - Pop-Up Cafe. Climb Harrow's landmark hill for home cooked brunches, snacks and treats. In aid of St Mary's roof appeal. Check out the menu at www.tinyurl/spirecafe. Nick 07771 595 883

BADMINTON – every **Thursday** 8–10pm in a local school, Sudbury Court Badminton Club welcomes League level/good club players. Contact Arvin 07748 642706, Alkesh 07956 453734 or Trevor 07771 998729

MAYHEW ANIMAL HOME—Open Day and Street Party **13th May** 2018 11am–4pm. Guest will be able to visit the cattery and meet the occupants waiting for homes or tour the veterinary clinic and practice your operating skills. Then relax with Therapaws dogs who love meeting new people!

Outside you can enjoy veggie BBQ, cocktails, live music & garden games. There will also be plenty of stalls to browse with treats for both your two legged and four legged family members. £3 adults, £2 children. Trenmar Gdns, Kensal Green, NW10 6BJ

MO GENERAL MAINTENANCE

- ◆ Handyman
- ◆ Decorator
- ◆ Rubbish Removal
- ◆ Gutter Cleaning
- ◆ Roof Repairs
- ◆ Gardening
- ◆ Tree Cutting
- ◆ Fencing
- ◆ Light Removals
- ◆ Garden clearance
- ◆ Window Cleaning
- ◆ Carpet & Upholstery Cleaning
- ◆ General cleaning
- ◆ Pressure Washing
- ◆ Patios & Driveways
- ◆ Wood Flooring

Call: 07963 447514



www.facebook.com/mogardenmaintenance



CLASSIFIEDS

30 words £8.70 (min) plus up to 50 additional words at 20p per word.



LOCAL CHIROPODIST/PODIATRIST

Professional foot care in the comfort of your own home. Qualified State Registered Podiatrist with over 25 years of experience.
Please call Sue on 07821 771 663.

LOCAL GARDENER

Available to help maintain tidiness for all who love and enjoy their gardens. Reasonable rates. Phone or text John: 07594 194 174,
116 The Fairway HA0 3TJ



020 8961 6181
116 123 (free to call anytime)
Jo@samaritans.org



St Andrew's Church
956 Harrow Rd
Sudbury HA0 2QA

CHURCH HALL FOR HIRE

*Beautifully refurbished Church Hall available for hire at competitive rates.
Telephone 020 8904 9224 or email standrewssudbury@aol.com for more information.
Office open: Tues – Thurs 9 am. to 12 noon.*

ROOFING

ALL NEW ROOFS ▪ FLAT ROOFS
ALL TILES ▪ SLATES
LEADWORK ▪ U.P.V.C. FACIAS
GUTTERING ▪ REPAIRS
All Work Guaranteed
For free estimates call:
07940 908 596

D & M & Son

BUILDERS & DECORATORS

FREE ESTIMATES - No job too big or too small
Insurance Work Undertaken
Tel: 020 8966 9140
Mob: 07977 840 123

Complete Building and Decorating Service
Kitchens & Bathrooms fitted
Electrical, Plumbing, Tiling & Plastering
New Roofs / Repairs / Guttering replaced
UPVC Facia Boards / Soffits fitted
Garage / flat roofs replaced in 3 layer Torch Felt
Windowbays replaced in Lead & Felt
Fencing replaced in Panels & Featheredge

ADVERTISER FINDER

	Page		Page
Accounting, Tax & Audit	18	Furniture repair	5
Air Conditioning	24	Garden	22,29
Appliance Service/Repair	11	Hairdressing	6,12,24
Architectural Services	18	Hall Hire	29
Boilers/Heating, Plumbing	11,17	Health & Beauty	12,24
Building Services	9,11,24,29	Home Carers	20
Car Sales, Servicing, Repair	13,25	Home improvement	6,29
Cleaning Services	8,27,28	Nursery, Pre-School	18,22
Conservatories, Porches	31	PC/Laptop Repair	11
Dentist (private)	10, 15	Printer	10
Doctor (Private)	14	Property Maintenance	8,28
Education/Tuition	18,33	Roofing, Gutters	29
Estate Agents	2,32	Soft furnishings	7
Electrical Services	7,12	Window Cleaners	8,28
Foot Care	16,29	Windows, Double-Glazing	31
Fitness (boxing)	18		

Thank you for supporting our advertisers
They make this magazine possible

Next Copy Deadline

The Courier is published monthly.
Copy, advertisements and remittances for the
June issue should be received by

10th May 2018

Format required:

Pictures - JPEG (high res)

Advert - JPEG (high res)

Editorial—MS Word

Please mention

The Courier

When contacting them.

If they do a good job, recommend
them to a friend / neighbour

ADVERTISING

Advertising rates and Terms & Conditions
are available from:
advertising@the-scra.co.uk

All advertisements are accepted in good
faith and no responsibility is taken by the
producers of this magazine for claims
made by advertisers. Readers must sat-
isfy themselves as to the suitability of any
contractor or supplier they engage. No
recommendations are made or implied.
Neither The Courier nor the SCRA can
become involved in any disputes be-
tween advertisers and their clients.

* **SCRA NEWS** is the latest news from the Associa-
tion Committee. All other articles are from third par-
ties and do not necessarily reflect the views and
opinions of the Committee. As such, the Editor and
Committee will not accept responsibility or liability for
any such material.

* **The Editor** reserves the right not to publish all or
part of any material submitted for publication.
The Editor/Committee's decision is final

* **All rights reserved.** No part of the publication may
be reproduced in any form, without the prior consent
of the Editor

* **Produced and published** by the Sudbury Court
Residents' Association.

* **Printed** by Minuteman Press Wembley (0208 903
7524)

ADD AN EXTRA DIMENSION TO YOUR HOME WITH A NEW CONSERVATORY



**From concept to completion
Timber, Aluminium or U.P.V.C
Windows, Doors and
Conservatories**

Conservation Area requirements catered for



**Celebrating
26 years
in business**

Tel/Fax: 020 8428 5433

Email: williamswindows@fsmail.net

Website: www.williams-windows.co.uk

PROPERTY HUB

Residential

Commercial

Land

Is your property compliance as per new

EPC Regulation?

Contact us today for further information.



Our Office :

38 Court Parade, East Lane, Wembley HA0 3HS

Contact us : 020 8903 1002 / 020 8459 3333

**Email: info@propertyhubltd.com / sales@propertyhubltd.com
www.propertyhubltd.com**