

The Community Magazine for the
Sudbury Court and Pebworth Estates

November
2018

The Courier

87th
Year



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The Courier

The official publication of the
Sudbury Court Residents' Association.



November 2018
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Chair: chair@the-scra.co.uk

Vice-Chair:

Treasurer: Pareet Shah, treasurer@the-scra.co.uk

Secretary: Noura Abdul-Cader, secretary@the-scra.co.uk

Courier Editor: editor@the-scra.co.uk

Courier Advertising: advertising@the-scra.co.uk

SCRA Website: www.the-scra.co.uk

If you don't have email and you would like to contact the SCRA , please call:
07933 958 166

**(available Mondays and Thursdays 9-5pm,
or leave a message/text and we'll get back to you)**

Dear Neighbours,

I hope you like the picture of one of our new neighbours—although I confess, the photo came from the internet, as our residents weren't able to snap a very good photo of our actual residents—the only we have is on page 17, together with a few words from our resident Badger-man! If anyone did manage to take a photo—or of any other local subjects, please do send them in—we'd like to feature them in future issues—otherwise you're just stuck with my efforts. And in the meantime—if there are any new human-variety neighbours in your street, do go and introduce yourself.

I would also like to encourage more residents to get in touch with us and let us know what you'd like the SCRA to get involved with over the coming year.

Can I also draw your attention to the two notices for volunteers in this month's issue—new Ward Panel members are needed urgently (see page 7) and a Courier deliverer for Amery Road and Mulgrave Road (see page 14). I'm not sure what commitment is needed for the Ward Panel, but the Courier delivery is less than an hour a month—even really busy people can manage that, I'm sure. 😊

I'd love it if we could have a bit of a get-together before Christmas—but we'll need some helping hands. It's been a while since we've had one, and that's mainly down to just getting it organised. Please email me on editor@the-scra.co.uk if you can spare a couple of hours, and let's make it happen.

Until next time, with best regards,

Kaye

LATE NEWS—please take note of page 10-11

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Rogue Traders and Cold callers – The Dangers of them:

On the 17/09/2018 whilst on patrol in the Sudbury Court Estate, I saw a white male in his 40s pull up in a nice van; two teenage males got out of the rear of the van – they didn't seem to 'fit' with the nice logoed van. To paint the picture: this white male had a new looking van with a respectable-looking company logo on it, he was sporting a T shirt also with the company logo, and when I enquired about his 'company' he went to pains to show me his 'company' literature – I am not at liberty to give you the full company name but it starts with "New". He said that he was doing a lot of work in the area. Whilst speaking to him, you would think butter wouldn't melt in his mouth, however, when I ran a check on his van it showed no insurance held against it. I then made enquiries on this male, which showed that he was on probation for fraud, where he had been sentenced to 8 years in prison for a building fraud on an elderly person.

The address he was working at was an elderly couple's address; it transpires that they had paid over £20,000 for building works which appeared substandard. In my estimation and that of my colleague, who is ex building trade, the 'works' carried out by this 'company' was substandard and for an over inflated price – I believe that this elderly couple were taken advantage of by this 'Rogue Trader'. In fact he had received two hefty stints in prison for defrauding the elderly in rogue building-type crimes.

Most Rogue Traders I meet are very good at selling or persuading someone elderly to engage their services, this guy was one of the best I have seen: very polished in his sales patter, had all the literature, the van, the T shirt but he is still a Rogue Trader and, make no bones about it, a criminal preying on the elderly!

I processed him for no insurance and took his van off him for this; I spoke to the elderly couple and tried to advise them; Trading Standards also became involved. Subsequently, the elderly couple terminated all services and are currently seeking to be reimbursed from this 'company'. This Rogue Trader has been left in NO DOUBT that if he is back in this area again, his activities will be under the microscope, and each and every misdemeanour will be acted on.

I use the term 'company' loosely, remember paper never refuses ink, also you can register a 'company' with Companies House but this counts for nothing as regards the integrity of the persons involved.

Watch out for your elderly neighbours, especially if they are having building works done: they are more often the targets and victims of Rogue Trader Fraudsters.

If you want or need building works to be done, or your driveway to be cleaned, or gutters cleaned PLEASE, PLEASE, PLEASE only use local established companies who have been personally recommended to you by friends or neighbours. Obtain written quotations against a clear schedule of works, make staged payments. Do not give any monies up front. Do your research.

More importantly, WATCH OUT FOR YOUR ELDERLY NEIGHBOURS AND RELATIVES.

On the 14/09/2018 we received a call from an eagle-eyed resident regarding a company cold calling on Carlton Avenue West. In this instance, there were a number of white males with a company name with "Sky" in the 'company' title. These males were stopped by me on the Watford Road and one of the males is well known for artifice burglary on the elderly, whereby he pretends to be someone (like from the electricity board in order to gain entry to an elderly persons address to steal). In this instance, I was limited in what I could do but, again, they were advised to stay out of the Wembley area.

I can't stress to you how important it is not to engage with **COLD CALLERS**, the **red** majority of them are **rogue traders or out and out criminals**.

Vigilant Residents and Scrap Collectors:

We really applaud residents for their increased vigilance and their use of the What's App groups as a neighbourhood watch communication device. There are currently two WhatsApp groups in the Northwick Park area - "Pebwatch" and "SCRA Resident's Watch". These groups are a platform for residents to alert each other about possible suspicious activity so that other residents are aware and likewise we can alert residents about suspicious activity.

It is a great platform and after our days off I spend a while going through the WhatsApp messages to see if there is any information that we can act on, any vehicle registrations, and suspicious activity. This can take a bit of time, so if you really think that we need to know about something can you please email us too, as sometimes messages get missed by us as we don't constantly monitor the messages.

Frequently, there are messages posted about males in vans looking into houses, which can often be scrap collectors. On the 17/09 whilst waiting for the recovery of the van I mentioned earlier, I was sat in my unmarked car with my colleague when we witnessed a white van pull up in front of our car. The driver proceeded to go towards the driveway of a house with a skip in it, we intervened and found out that his van was uninsured so it too was seized and the driver processed for no insurance.

We (and you) need to keep uninsured drivers off the road, and a lot of these scrap collectors don't have insurance, or insurance for

collecting scrap. Please email me if you have seen any vehicle's involved in scrap collecting, we want to know: some are opportunist thieves so we want to curtail their activities in Northwick Park.

Scams:

A scam at the Pick and Save on Kenton Road 16/09/18: an elderly visitor from Birmingham had momentarily parked outside the Pick and Save before driving into the car park at the rear, where he was approached by an Asian male in his 20s – he told the elderly man that he had parked in a controlled zone and that he would be fined £85, but that if he entered his card in a machine it would cancel the fine. The male then escorted the elderly man to the ATM of Shree Exotic and told him to enter his card and that he could cancel the fine on the "Other Services" section in the ATM menu. The elderly man, entered his card and PIN and selected other services. When the victim tried to get his card back, it didn't return. The card had been stolen by this younger male in a 'distraction theft'. The victim's account was debited by £1000 in subsequent ATM transactions before it was cancelled.

Most scams target the elderly, so please again if you have any elderly friends, neighbours or relatives make them aware of this scam.

When using cash points (ATMs) – please be careful and do not get distracted by anyone. Please be on the look-out for anyone hovering near to a ATM; prior to using a cash point make sure that no one is in your personal space- if there is anyone immediately behind you, ask them to step back.

A number of elderly residents using the ATM at Sainsbury Nash Way Kenton, have had their cards stolen by means of a

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distraction theft and subsequently their cards have been used by the thieves. This often happens on a Tuesday at Sainsburys. Victims report that whilst using the ATM someone will tap them on the shoulder saying that the ATM doesn't work, normally after the user has just entered their PIN. In that moment when the person turns around, the thief and his accomplice (there are normally two involved) will press a button on the ATM which will cause the victim's card to be immediately ejected from the ATM. The thieves will have already seen the victim's PIN and so with the card and PIN the males will use the card details to conduct fraudulent transactions before the victim cancels their card. Nine times out of ten, the victim doesn't realise anything untoward has happened, they think that the ATM has swallowed their card.

Indecent Exposure Arrest:

On 23/09/18 PC Hobday arrested a male on Amery Road for indecent exposure. The male was witnessed by a number of residents to have exposed his genitals. Thanks to the quick thinking resident calling the police, this led to the arrest of the male, who was subsequently sectioned under the Mental Health Act.

Drugs and Street Drinking Issues:

On 12/09/2018 PC Hobday processed a male for a drugs offence whilst on patrol in Elmwood Court off Elms Lane, due to

ongoing complaints that this area is being frequented by drug users/dealers. When we get complaints of this nature, patrols in marked and unmarked vehicles and proactive stops and searches are one of the ways that we try to eliminate the problem.

On the drugs issue, I would like to alert you to a police term called a Stash point or Stash vehicle. Frequently, drug dealers hide their drugs in open air locations or in cars. If you see an abandoned vehicle and a lot of comings and goings from a car, then it maybe a stash vehicle. In a road in Sudbury recently, PC Kouppari who works in Sudbury ward, found a large quantity of drugs that had been stashed in an abandoned car. Police are making efforts to trace who is involved in this.

Sudbury and Northwick Park teams work closely together to bolster the police numbers and so frequently PC Hobday, PC Kouppari (Sudbury) and myself will patrol together.

On the 29th of Sept, whilst PC Kouppari was on patrol with us in our ward, we attended the rear of the parade of shops on East Lane behind Londis, having had complaints about street drinking. Two males were stopped drinking and also searched, one was in possession of Amphetamine and cannabis, he was arrested and received a Police caution and subsequently fined.

On 8th of October officers were patrolling in the area of Rushout Ave, behind the parade of shops on Kenton Road, two males were



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seen behind a shop, one had a spliff in his hand. Your team tried to stop him, he ran off with officers in pursuit and was seen to ditch a knife as he ran. On 9th he was arrested for possession of a knife, obstruction and drugs possession. We will make every effort to rid (prosecute!) NORTHWICK PARK of drug dealers and people carrying knives.

Beggars and fraudulent Big Issue Sellers:

I am always amazed with people who give to beggars. After doing this job for so long, I believe that beggars fall into two categories: those with addictions who are begging to finance their habit, whether it be drugs or drink and those from organised crime networks who send their women, children and disabled people out begging. If you want to help them, don't give to them on the street - you are promoting their activities - give to the support agencies that help them get off their addictions or counteracts true genuine homelessness.

On this note, 5/10/18 I made an arrest outside Sainsbury's Nash Way Kenton. A very young-looking Romanian girl selling the Big Issue, she was in a Big Issue vest and had copies of the magazine - to me she looked about 13 years old! She had limited English, she said she had come from Dagenham. In that day she had sold £48 pounds worth of Big Issues, she had no Oyster card on her. She didn't have any ID on her, either for the Big Issue or her own ID card. In an interest to protect her and to confirm her identity I arrested her for fraud. It transpires that she had only just turned 15 on the 3rd of Oct. She was arrested in Sept for a large shoplifting of £260 worth of goods and is part of a criminal gang that are involved in all sorts of crimes - begging and fraudulent selling of the Big Issue being just part of what they are up to. Following a thorough investigation, the female was released without charge with a follow up by Social Services re: child exploitation concerns.

Of course, there are a lot of genuine Big Issue sellers out there, so please be aware that Authorised sellers should have their Big Issue ID in their Big Issue vest, which has a hologram on it and the seller's photos (samples of the IDs are on their website); sellers must be over the age of 18.

Catalytic converter thefts:

The cars that have been targeted are Honda Jazz and Toyota Prius. The suspects are all white males, mid 20s, wearing baseball caps and have jacked up the victim's cars in order to remove the catalytic converter. A grey Alfa Romeo, grey Audi and white Audi all on false plates have been involved. The offences have been happening in the day time - early afternoon and early evening, in daylight hours. If you are the owner of a Jazz or Prius please be aware, and if it is possible to park your car off road on your drive then please consider it, though the suspects have been very brazen even attacking one car on the street outside the victim's address.

Ward Panel Members Urgently Required:

The ward panel is a group of people who is suppose to be representative of the area which they are based (residents ranging from young and old, business owners, religious establishments, community groups) and this ward panel group liaise with the police, council and local agencies about crime. In Northwick Park, we have had a very active ward panel that has recently been dwindling in numbers, so we would urge you to get involved and in touch with us about becoming a ward panel member.

Please email Northwick Park SNT:

NorthwickPark.SNT@met.police.uk

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Overview of offences 10th Sept to 10th Oct:

5 Residential Burglaries: (i) Sudbury Court Drive (in low evens side, 15/09 between 2300hrs, side kitchen door panel broken, suspect got in but was disturbed by the occupier who was upstairs); (ii) Sudbury Court Road (in low evens, 14/09 1900hrs – 17/09 1700hrs, ground floor front window broken); (iii) Spencer Road (in 50s odds side, 21/09 2300hrs – 22/09 0830hrs, occupiers asleep, window was left on the latch, (iv) Sudbury Court Road (in 10s, evens side, 04/10 2035hrs, forced entry through side window, four white male in white Audi A3 involved);

1 Attempted residential burglaries: (i) East Court (in 20s evens side, 24/09 1400hrs - 1600hrs 26/09, front ground floor window forced, no entry gained.

1 Theft of Motor Vehicle: (i) Churchill Avenue (in 50s odds side, 08/10 2200hrs – 09/10 0545hrs, Merc E class 17 plate subsequently found in Slough)

2 Theft from Motor vehicle: (i) Kenton Road (in 80s odds side, 12/09 1300hrs, catalytic converter stolen from Toyota Prius, two white male suspects in white Ford focus); (ii) Carlton Avenue West (in 80s odds side, 1500hrs 20/09 – 1130hrs 21/09, white BMW broken into, £60 cash stolen and child's buggy);

1 Attempted theft from motor vehicle: (i) Carlton Avenue West (23/08 1300hrs, attempted theft of catalytic converter from Toyota Prius)

Your team would welcome any information on anti social behaviour or criminal offences that are occurring in the area - please feel free to contact us on 0208 721 29 69 or email: NorthwickPark.snt@met.police.uk

Please consult the websites listed for crime prevention tips or, if you do not have access to the internet perhaps speak to us and we might be able to arrange that you obtain a crime prevention pamphlet.

Useful numbers:

Dial 999 in the case of an emergency, where a crime is in progress or where life is in danger.

For non-emergencies, ring 101

To give information anonymously call Crimestoppers on 0800 555 111

Useful websites:

The websites below have a whole host of useful information from crime prevention to crime statistics to Identity theft!

www.met.police.uk

www.homeoffice.gov.uk

www.cifas.org.uk

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Some money to spend

We will have a pot of money as a result of the financial penalties against construction traffic in the Byron Court expansion project. We don't know exactly how much that will be, as of yet, but that doesn't mean we can't start thinking about how it should be spent.

Hopefully, the Social Value contribution from the project will replace some of our benches, and mend some of our grass verges. But what other ideas do you have?

Somebody suggested something along the lines of the wood carvings in the photo ([see opposite](#), found in a wildlife area in Chalfont). Perhaps you'd rather have a one-off activity for residents? We would love to hear from you.

The expansion project will be completed in December, prior to that there will be more construction traffic—if you see any site traffic or deliveries on any road other than the

agreed construction route, please take note of the vehicle, registration number, date/time, and if possible a photo, and send to chair@the-scra.co.uk

The agreed construction route is: into the estate at The Crescent, right into Carlton Avenue West, until the end, left into Nathans Road, and onto the school site. Out of the estate—off the school site and left into Nathans Road, left into Norval Road, out at The Green.

You definitely shouldn't be seeing site traffic or school deliveries in Oldborough, The Fairway, Abbots or Spencer. Any verified sightings will be penalised (and we'll receive more money in 'the pot'!!)

I encourage you to keep your eyes peeled, and smart phone camera in your hand, and let us know immediately.

Look forward to hearing from you.

Kaye

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LATE NEWS

3G pitch at Byron Court School— planning approval

On 10th October the Planning Committee approved the application by Byron Court School to install a 3G pitch, removing all but slivers of grassed areas in the school grounds. All replies from local residents to the consultation were objections, but these were sadly not thought relevant enough. The main objections were with regards to this area being a high flood risk; the extra hours of usage, outside of school hours, being detrimental to local residents; the removal of habitat to local wildlife affecting the biodiversity.

A couple of conditions were added to the approval with regards to the school updating it's Travel Plan to take account of additional traffic and parking. The school would also be required to submit a further planning application should external lighting and tannoy systems be considered in the future.

The second condition reminded me that the Council issued a statement to the SCRA and residents, during the consultation for this application, that:

“ 1. The 3G pitch will not have any lighting and therefore can only be utilised during day light hours. At present most after school activities conclude by 4.30pm and this won't change with the introduction of a 3G pitch.

2. No music, public address system or any other amplified sound system will be installed externally, in line with the original planning application, therefore, there will be no issues with loud music/sound.”

In which case, surely, the second condition shouldn't be necessary. Let's see.

Kaye



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The Memory Cafe

Support for those experiencing memory problems



Memory cafes are becoming a national phenomena. They are spreading everywhere. I think one of the reasons for this is that they are such good news. They are wonderful to visit and to volunteer at. Each week we get volunteers and we get food donations, which make a massive difference. As a spin-off, we have set up our Tuesday Get-together.

We meet in the back room of the church - you go in through the back door of the church, by my vicarage. The meeting runs from 11-1 and consists of tea and coffee, and a chance to talk and be listened to. All kinds of subjects come up, and I often hear the sound of laughter and singing coming through into my office. I think that those are two of the best sounds that there are - along with birdsong.

On Thursdays we continue to grow, and on November 8th our Memory Café Choir will be singing at Southwark Cathedral at 7.30pm. Please come. It will be a very proud evening for us, and the result of a great deal of hard work by our music team. To hear people singing, and to see the joy it brings, is such a deep privilege for me.

When I came here over 3 years ago I had no idea how much we would impact this community. The Memory Café, I feel, is now at the heart of this place, and is one of the things that is genuinely good about being here.

All I can say is that it isn't too late to come and get involved...every Thursday 11-1.

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The other evening I noticed that the security lights had come on in our garden. I bet you can't guess who was in there? Well, it was Basil the badger. Yes a real badger! I emailed my friend Barry the Batman and he told me that it was probably roaming looking for water. What I noticed was that he, the badger not B the B, was scoffing the windfall apples. He looked as though he had eaten heartily, even if he was thirsty.

Our gardens are wonderful round here; the wildlife is amazing. I often see woodpeckers, and the odd hedgehog. I think that the natural world points to something beyond ourselves - to a more spiritual view of life. And music does the same. Talking of which, why not come along to our Sunday Serenade on 18 November. We start at 3pm and an hour lovely music will follow played by a music trio. There will be tea and biscuits too. It will

be lovely to get the community together and hear music played on our gorgeous piano.


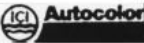
Also, we hope you will come to our Remembrance Service on 11 November. We start at 10am. I think that this is one of the most important services of the year as we remember those who died so that we might be free. As I have said before, I am very aware of the sacrifices made as my great grandfather was killed in the war - he died in a prisoner of war camp in Italy. That event changed my family's life forever and the least we can do is to say "thank you". I also know how many people from the Commonwealth gave their lives. Everyone is welcome. It is one of the things that creates a sense of shared lives and living in peace with each other, I always think.

Go well. Do come along any Sunday. Our website has the details www.stcuths.org.

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The Flu Vaccine

A recent fraudulent mail-drop promoting all sorts of screening tests, apparently from Harley Street and the Clementine Churchill (which they were not . . . it was a PO box address!), suggested you could be screened for practically anything: it made me think about screening in general. Most people believe that the earlier you detect a condition the better, but that is not always the case, and harm can often occur when screening detects something that might never develop.

The word 'screening' makes many doctors squirm, as patients often come back from a BUPA medical with a list of conditions that their GP is asked to investigate which probably do not need investigating. There are, however, some really important screenings which are of benefit, and I'll run through steps we should all take to keep healthy in the next couple of months.

We often start the New Year determined to take more exercise, eat healthier, and perhaps lose those extra pounds we have put on during the holidays. Many of us have niggling fears about our health; we might be worried

about family history, or are frightened when a colleague or loved one has a sudden illness. We may also find it increasingly difficult to have more than a few minutes with our GP, as they are rushed off their feet.

Health checks are a bit like pension planning. A pension adviser will assess your current financial condition, look ahead to assess what liabilities you might encounter, and advise you how to make the best of what you have. A full health check-up is where your doctor will examine you and run blood-work to assess current status, evaluate what medical conditions you are more likely to develop given those findings, your personal and family history, and lifestyle. You are then advised what steps you should take to avoid or at least minimise potential health hazards.

Next month, I shall be writing about your health 'pension planning': the most likely conditions to affect you, what tests might be helpful, and how you can help yourself.

DR JANE WOYKA
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Don't leave it to the last minute

By Mohammed-Firoz Hussein DpodM, FAFS

With the festive season on the horizon it's that time of year when we start to rack our brains what gifts to get our loved ones.

The array of ideas out there are bewildering.

As a husband and father of three daughters I find it a big challenge to know what to buy the ladies in my life. I've lost count of the amount of times I've put present buying off until the last minute where I'm at a panic in a shopping centre scratching my head about what to buy.

But as my girls have got older one area which always seems a safe bet is buying them treatments or as they are called in some places 'pamper sessions.'

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Talking of leaving things to the last minute we've always encouraged people to have regular check ups of their feet to avoid bigger problems further down the line.

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Thanks for reading,
Firoz

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NEW NEIGHBOURS!

This summer we received three reports of Badger sightings.

Our first report came from a resident on the Pebworth Estate who observed a Badger in their garden, which backs onto Harrow School open grounds. The second was reported in a garden backing onto Byron School grounds along Norval Road, (see pic—you can just about see his/her stripey face hiding under the shed!). The third report came from the St. Cuthbert's Church garden. These animals are rarely seen during the day; emerging in the evening and feeding mainly on earth worms, slugs, snails and occasionally small mammals. They will in fact eat a wide range of foods, a favourite being **unsalted** peanuts!

I have previously stated that the removal of grassed and garden areas removes natural food sources and have a detrimental effect on all our wildlife populations. The installation of artificial 3G surfacing at Byron Court Primary School, which residents have vigorously opposed, but looks likely to go ahead



regardless, will remove further habitat. The Byron School playing field also had a small natural spring on an area which is now covered by their new buildings. This small natural spring used to provide year-round moisture as part of an eco-system

sustaining local wildlife.

The local Badgers were possibly searching out water during our long dry summer; one of the residents has a garden pond. The other two sightings are fairly close to a pond on the Playgolf site and a lake on Harrow School grounds.

Huge areas which were once open ground in Brent have now been developed, taking with it our wildlife. A knock-on effect of the removal of large grassed areas and building over more and more of our open areas will ultimately lead to the demise of these beautiful animals in our area.

Please report any future sightings of Badgers to help us to track their numbers and range.

Keith Barker

Aka, Batman, Beeman, and now Badgerman!



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SUDBURY COURT BIRD WATCH

By Rod Lake, 24 Amery Road, Harrow HA1 3UQ

Email: lake510@btinternet.com



I often feel quite sorry for parent **crows** because they have to care for their youngsters for very much longer than all of the usual familiar species which we see in our gardens.

The tit families have their chicks which leave their nests after a few weeks; grow up and become independent within a very short space of time. And then they are off to do their own thing. As it is for many of the other small birds as well.

The larger species take longer, but they have all bred and their young have moved on to new lives elsewhere within the summer months.

Not so for the crows - their youngsters are in no hurry to leave home! They will be around, quite possibly into the early spring months, relying on mum and dad to feed them with choice scraps. You will see them, fluttering their wings for attention and generally acting like spoilt children! You will often hear me muttering, "*Feed yourselves, you lazy blighters!*"

But that is the way nature works. Come the spring, the parent birds handle the situation quite brutally. You might see the moment it happens for yourself. The would-be dependant chick seeks some food from mum or dad, only to find itself being viciously pecked instead! Sometimes this happens again and again until the young bird realises that it is on its own now and that it is time to leave home and fly off to face the world.

It is quite amazing how dejected such a young bird can look and how sorry I feel for it!



Recent sightings

Not so recent really on this occasion, because I am belatedly reporting Pat's sighting in mid-July of a **red kite** soaring over North Wembley. These beautiful birds were reintroduced to Wales and the Chiltern Hills some forty years ago, initially supported by farmers and helpers who regularly put food out for them in the early years.

They are now thriving and spreading their range year on year. The nearest place to see them, for certain, is the High Wycombe area.

Have a drive out there! Failing that, this month's photograph shows their splendour very well.

Haiku

We never had to write Haikus at school - or, if we did, I wasn't concentrating! However my daughter clearly remembers writing them when she was at Byron Court as do her two daughters when they were at their school.

So it is possible that you remember a Haiku is a three line Japanese blank-verse poem reflecting on nature, its moods or activities. It is always three lines of 5,7 and 5 syllables. Grace sends in this one, reflecting the feel of November:-

*Doleful ships' horns sound
Gagged in estuary fog.
Silken water glides.*

Here's a challenge for you to try. Write a Haiku for Christmas time, either as someone celebrating or as someone observing. Email it to me for inclusion in these pages, but you've only got a few days to meet the deadline!

Rod Lake

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NEIGHBOURS of the human variety!

Following the article in September's issue, which focused on noise from neighbours, it's amazing how many of you contacted me. Mainly to say, yes, that's exactly what you're experiencing—and continue to do so after the article appeared. Yes, I was amazed, even having read the statistics about how many people suffer as a result of noise from their neighbours.

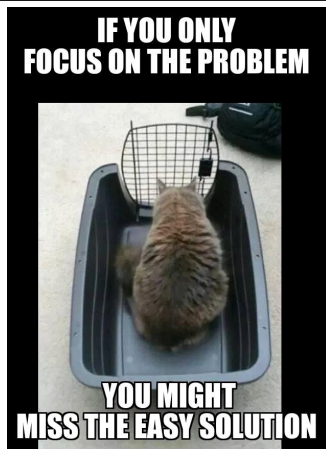
I then heard that Cllr Perrin received abuse for attempting to assist a resident with a noise issue!

I must admit, it makes no sense to me. Maybe that's because I was brought up in a small rural community where everybody knew each other and looked out for each other—and you wouldn't dream of causing a nuisance to others. And that's part of why I love living here—I know a lot of my neighbours, so if there's the occasional issue, it's usually dealt with consideration and respect.

The bottom line, however, is that, even if you're not really bothered that you're upsetting others, the law is on their side.

The 'EASY SOLUTION' (that picture is so true!) and, surely, the preferable solution is to stick to a few basic guidelines for community living. Nobody is trying to stop you from having fun, or doing your own thing, but please consider the impact you are having on others around you; in turn, they will consider their impact on you—they'll also look out for you and yours.

There're lots of amazing 'community' actions around here. Get involved, if you're not already. Deliver some Couriers to your neighbours (see page 15). Help us organise, or come and meet your neighbours at a pre-Christmas get-together with tea and cake.



And please consider these basic guidelines: (if you have any comments or questions, please let me know.)

- * To show mutual consideration and respect for neighbours;
- * To discuss with neighbours in advance if any activity is likely to cause a nuisance or disturbance to them such as DIY, celebrations etc.;
- * To be amenable to polite requests;
- * To take responsibility for your household's behaviour, including children and dogs;
- * To be tolerant of children playing reasonably;
- * To attempt personal resolution of any issues arising before reporting them;
- * To think of others by keeping communal areas clean and clear
- * To make sure that all your household waste is discarded in the appropriate manner;
- * To take responsibility to report any problems/issues to the SCRA/Council/appropriate authority.

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Readers Comments

"Dear Editor,

I read with interest the Local Councillors comments regarding drones flying over the local estates (issue: Oct 2018) but I think it is larger flying objects we should have greater concerned about.

As you may be aware both the Pebworth Estate and the Northern part of the Sudbury Court Estate are on the flight path for the low flying planes flying into Northolt Airport; Is it just me or has the size of some of the planes, frequency of flights and the noise associated with them all increased...? I believe all have increased over the years but as usual these gradual increases over time sometimes do not get immediately recognised. If there has been any sizable increase shouldn't that have come at the same time as some form of public consultation...?

Thank you
Beatrice"

Thank you Beatrice. I've had a word with our Local Councillors who agree with your concerns.

I wonder if any other residents can add any thoughts to this? Please get in touch. Does anyone have the time to help us look into it? A little fact-finding mission?

Please let me know if you'd be interested in looking into this on behalf of all of us.

Thanks,
Kaye

Reminder—

Councillors' Surgery for Residents

The 1st Saturday of the month, excluding January, August and any election months, at St Cuthbert's Church Community Room, 214 Carlton Ave W, Harrow, Wembley HA0 3QY



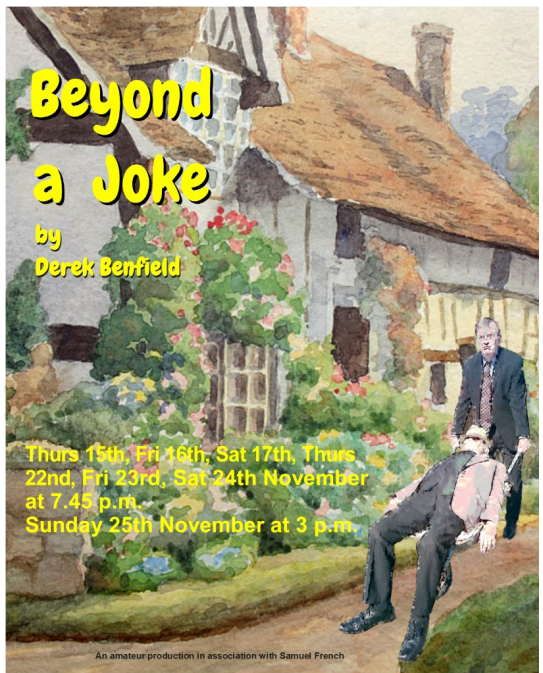
East Lane Theatre

It is a total embarrassment when six casual callers at your home accidentally end up deceased! Jane and Andrew begin to worry slightly when they hear that the new vicar is planning to come to tea. Then their daughter's boyfriend is also coming to call. What next?

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CALLING ALL GARDENERS

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Horticultural Society

Your local gardening club

Some of us feel that a slowing down in gardening activity would be welcome as we turn the calendar into November. However, on looking outside, there are still plenty of jobs awaiting attention. There is the little matter of sweeping the leaves and washing that pile of empty flowerpots. It is time too, to bring into a sheltered place any tender plants that would suffer in the frost or otherwise to mulch them with garden compost or last year's leaf mould. It is a good time too, to dig up and divide any clumps of perennials that are pushing their boundaries, making three or four plants where you had one before. It is not too late to plant a few more tulip bulbs to ensure a splash of colour in late spring 2019. If we wrap ourselves up warmly and enjoy these shorter, cooler days in the garden, next season will have a flying start.



The Society's Autumn Show on Saturday 15th September once again filled St Cuthbert's Church Hall with colour and interest. It was delightful to meet many newcomers from our Asian community who showed great interest and asked some searching questions. They came to the show with a fresh eye and real enthusiasm. Judges always give credit if the name of a plant is displayed but it is

surprising how many of us don't know or can't remember the names of our favourite flowers and shrubs. The wonderful selection of flowering plants attracted much admiring attention while the potted plants shown in our picture bear witness to the care and attention that is lavished on them, whether grown indoors or out. The vegetable classes brought fewer entries than usual but it has been a great year for marrows and cucumbers.



However, it was the young people who stole the show. Their lollipops, rosemary jelly and drawings all won prizes, while the buzz of conversation over tea and cakes indicated the pleasure of getting together. What is left in the garden in November? Let us take a look at the roses, those clay-loving beauties that grow in almost every garden on this estate. Is there ever a 'last rose of summer'? - for roses still bloom into the late autumn, climbing roses continue to flower alongside the hips of earlier blooms waving high in the autumn winds, while in more sheltered spots their scented blooms are a pleasure to bring indoors. Plant some more roses, if you have space in your garden, they will bring pleasure for many years to come.

Margaret Roake

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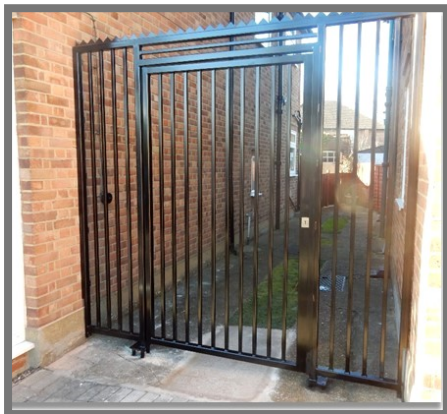
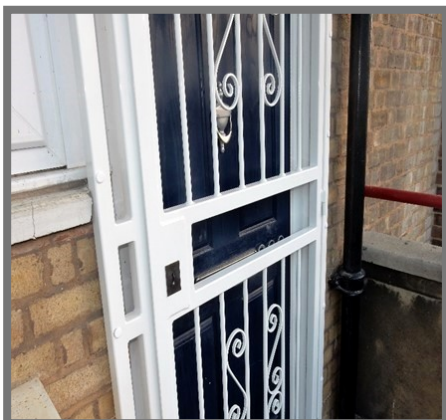
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Kids' Page



(Have you got a favourite joke or riddle? If you email it to me we'll print it on this page—see if you can make our neighbours laugh!)
preeyaatthecourier@hotmail.com

Jokes

What do you call a duck who likes watching fireworks?

A firequacker

What do you get when you cross a dinosaur with fireworks?

Dinomite

How many safety inspectors does it take to light the bonfire?

One to light the match and three to hold the fire extinguisher

A policeman arrested two people on Bonfire Night - one for drinking battery acid, the other for eating fireworks

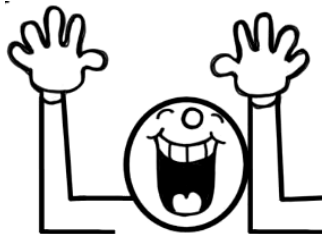
He charged one and let the other one off

What was Guy Fawkes' favourite meal?

Bangers and mash

A pyrotechnic expert friend of mine lost his job after the fireworks did not go off in the right sequence

That's bang out of order



I'm god at firework displays
 I've got a flare for it.

Riddles

What do the numbers 11, 69, and 88 all have in common?

They read the same right side up and upside down.

My name is Ruger. I live on a farm. There are four other dogs on the farm with me. Their names are Snowy, Flash, Speedy, and Brownie. What do you think the fifth dog's name is?

Ruger.

*Did you spot the deliberate mistake?
 Answer - "god" should be good.*






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SUDBURY NEIGHBOURHOOD CENTRE— CHRISTMAS FAYRE Saturday **24th November** 11.00am-3.00pm. Father Christmas will be there after 12. All welcome. There will be a Tea Party hosted by Santander on Thursday **6th December**, 1.30pm, £7 per person.

HARROW CHORAL SOCIETY— popular Christmas Celebration takes place at 7.30 pm in the Harrow School Speech Room, Harrow-on-the-Hill, HA1 3HP, on Saturday **15th December**. We are delighted to announce that John Sergeant will be our Speaker this year! Tickets available from the website www.harrowchoral.org.uk

CUTH'S TODDLER'S GROUP—Fun. Play. Stories. Support. **Every** Friday 10-11.30 (except school holidays) £1.50 per family. St Cuthbert's, 214 Carlton Ave West, HA0 3QY 020 8904 1457 www.stcuth.org

SPIRE CAFE - **3rd Saturday** of every month 10am-3pm - Pop-Up Cafe. Climb Harrow's landmark hill for home cooked brunches, snacks and treats. In aid of St Mary's roof appeal. Check out the menu at www.tinyurl/spirecafe. Nick 07771 595 883

BADMINTON – every **Thursday** 8–10pm in a local school, Sudbury Court Badminton Club welcomes League level/good club players. Contact Arvin 07748 642706, Alkesh 07956 453734 or Trevor 07771 998729

ST LUKE'S WALKING CLUB— informal group of supporters of St Luke's Hospice who meet regularly to walk and raise money for the Hospice. An annual long distance sponsored walk in May. The rest of the year we a variety of short and long day walks in the country and in the town for pleasure and to keep fit. Anyone can join us whether they intend to take part in the annual walk or not. The walks are free but small donations are welcome. Further details can be found at www.stlukestrainingwalks.org.uk .

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ADVERTISER FINDER

	Page		Page
Accounting, Tax & Audit	18	Furniture repair	18
Air Conditioning	24	Hairdressing	6,12,24
Appliance Service/Repair	3	Hall Hire	29
Baby massage	11	Health & Beauty	12,24
Boilers/Heating, Plumbing	5,17	Home Carers	20
Building Services	21,24,29	Home improvement	6,29
Car Sales, Servicing, Repair	13,25	Nursery, Pre-School	18
Cleaning Services	8,27,28	PC/Laptop Repair	3
Conservatories, Porches	31	Property Maintenance	8,28
Dentist (private)	10, 15	Roofing, Gutters	29
Doctor (Private)	14	Security Gates	26
Education/Tuition	29	Soft furnishings	18
Estate Agents	2,32	Window Cleaners	8,28
Electrical Services	7,12	Windows, Double-Glazing	31
Foot Care	16,29		

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