The Community Magazine for the Sudbury Court and Pebworth Estates

March 2021

The Courier

91st Year



Photo: Dominic Fernandes

Keep on keeping safe



St Andrews Ave Sudbury



Abbotts Drive North Wembley



Carlton Ave West North Wembley



Oldborough Road North Wembley



Bengeworth Road Harrow



Abbotts Drive North Wembley



Call now 020 8904 4888

Your home could be next to receive the stamp

daniels

danielsestateagents.co.uk

The Courier



March 2021 Number 221 (1,061)

The official publication of the Sudbury Court Residents' Association.

Chair: chair@the-scra.co.uk

Vice-Chair:

Treasurer: Pareet Shah, treasurer@the-scra.co.uk

Secretary: Noura Abdul-Cader, secretary@the-scra.co.uk **Membership:** Nisha Gorasia, membership@the-scra.co.uk

Courier Editor: editor@the-scra.co.uk

Courier Advertising: advertising@the-scra.co.uk

SCRA Website: www.the-scra.co.uk

Dear Neighbours,

Even the snowmen know to HANDS FACE SPACE.

It's a very familiar phrase, even if we're fed up of using it. Many residents have received their first vaccine, which is amazing—but that doesn't mean it's time to be complacent. We've done this for so long now, it's just for a little bit longer. Please, for the sake of your loved ones, neighbours and community, keep thinking about those 3 words.

As a result of receiving a number of letters from residents in the last couple of months, with regards to the Conservation Area, we were able to gather our three Ward Councillors and 3 council officers together for a virtual meeting with residents. There is a brief mention of it on pg 11, we will further update next month.

If residents have any other issues, and would like a similar forum to discuss, please do email the SCRA members (see above), or write to me at editor@the-scra.co.uk

I'm so delighted to be receiving more contributions of photos and stories from residents than ever—please do carry on sending them in and I'll feature as many as possible.

Please do have a look at pg 12 for a brief introduction to our newly-appointed Chair.

Until next time, please stay safe and well.

Kaye

Our Regular Contributors: Safer Neighbourhood Team Councillor's Comments St Cuthberts/Memory Cafe Sudbury Court Horticultural Society Northwick Park Community Garden	Page 4-7 9-11 13 15 17
Kids' Page	21
Features:	12

If you don't have email and you would like to contact the SCRA, please call: 07933 958 166

(available Mondays and Thursdays 9-5pm, or leave a message/text and we'll get back to you)

Northwick Park Safer Neighbourhood Team

PCSO Charlie Charalambous 7271NW PC Finn Kennedy 2621NW (author of this article) PC Daniel Kubik 1579NW Sergeant Steve Brown



This month is the 1st Anniversary of the "new normal", let us hope that there's now some light at the end of the tunnel from the pandemic.

WhatsApp Groups:

29/01/21—residents of Norval Road reported, on the local residents' WhatsApp group, of a suspicious group of males who were in the throes of trying to burgle a number of houses. Posting on the group was a very quick way of communicating to other residents that a suspicious group were in the area.

Residents also contacted the police. Unfortunately the group were not found and three houses were burgled that evening - on Norval Road, Audrey Gardens and Pasture Road.

Please join your local WhatsApp group to receive this kind of alert. (note from Editor - contact membership@the-scra.co.uk)

Unauthorised Encampments:

Early February—You may already be aware from the local 'grapevine' that there was an unauthorised encampment of people with caravans and vans that moved into the private land of the Mumbai Junction and, later on, the same group moved from there to the Blackhorse car park.

There was a quantity of fly tipping left on the grounds of the Blackhorse before we could evoke the legislation under Section 61 of the Criminal Justice and Public Order Act (CJPOA). In a nutshell, the police cannot just turf out encamped people from the land of a private business, there have to be certain conditions met before we can evict. Please look up this legislation if you want to know about the ins and outs of the law and unauthorised encampments. However, what I would say is that, for business owners to secure their land and try to prevent any incursion onto car parks by use of a locked barrier, then obviously this barrier should be

kept locked when the premises are unoccupied. If there is an incursion to the business premises by persons intending on setting up an encampment, or indeed on park land, ring the police immediately. If the park land is owned by the Local Authority, please ring the relevant council. Private business owners who have such an incursion should ring their business insurance companies and seek legal advice regarding eviction proceedings.

The sooner we, the police and council, are aware of these situations, the sooner we can collate information and see if an eviction is possible under S61.

In the instance of the Blackhorse, after a few days we could use the powers under S61 and they were evicted from this site.

In the time that this group were in the area, we had reports of cold callers in the area, a shop on Harrow Road reporting shoplifting and various incidents of fly tipping on the grounds of the Blackhorse. As it happens, one of the young women involved in this shoplifting was arrested by PCs Kennedy and Kubik as she exited the camp. She was later charged.

Roque Traders:

Sudbury ward area have had a number of roque trader incidents. In one such incident resident was cold called bν "company" (registered on Companies House) professional-looking Navarro style pickup vehicles; the company "salesperson" had nice glossy brochures and leaflets and said that he could do the resident's driveway, dropped kerb application and dropped kerb for about £2,500. resident agreed, gave the male more than half this amount for the driveway, on the understanding that the dropped kerb application had been completed and granted. It later transpired that this rogue trader had not undertaken any dropped kerb application and, though he did the driveway and half-did the dropped kerb, no application for the dropped

kerb had been undertaken. The resident will most likely have to 'make right' this work and undertake the correct application. The costs will most likely be well in excess of £2500.

In another incident, a resident saw a male working on a nearby roof, thought he was reliable and asked him for a quote for works on his soffits. The "roofer" asked the resident to transfer £500 to an account as a deposit, the resident did this and hasn't seen this man since

Buyer Beware!!

Telephone scams, one recent one:

19/01/21, morning—involving a local elderly resident: she had a phone call from a male who said that he was a Police Officer in Paddington Green; he gave her his name and shoulder number. He said that he is investigating a fraud in her bank and that her account is at risk, there were some suspicious transactions. He said that she needed to ring her bank. She didn't know at time, that this was a fraudster and not a Police Officer. He went on to say that she needed to ring her bank immediately. She then hung up and rang her bank, not knowing that he had kept the line open by not ending the call at his end. So she (the resident) was still speaking to the fraudster and/or accomplice and not her bank. They (the fraudsters pretending to be her bank) verified there had been suspicious transactions. The Police Officer (fraudster) then rang her back again and said

that bank staff at the Wembley, Alperton and Harrow branches were involved in the fraud and involved in fake money circulation. He told her that she needed to go to her bank and withdraw all her money. He said that they would come around to collect it. Fortunately, at the end she realised that he was a fraudster.

Please alert your elderly neighbours, relatives and friends to be aware of people pretending to be police officers and saying that there has been a fraud on their bank account, or that someone has been trying to use their bank details. **This is a scam.**

Overview of offences 10th Jan - 11th Feb:

Residential Burglary: (i) Sudbury Court Drive (in 90s odds) 14/01 0700hrs – 22/01 0930hrs, windows at the rear of house smashed, entry gained and items stolen from inside; (ii) Pasture Road (in 40s odds) 29/01 1840hrs – 1915hrs, front window prised open, entry gained, property stolen unknown; (iii) Audrey Gardens (in low evens) – 29/01 1800hrs, occupier heard noises upstairs and went upstairs to see someone climbing out rear window (iv) Abbotts Drive (in 30s evens) 25/01 1200hrs – 01/02 0900hrs, forced entry to house house ransacked.

Attempted Burglary: (i) Norval Road (in 40s evens side) 29/01 1745hrs, someone tried to open upstairs bathroom window, no entry gained; (ii) Churchill Avenue (in 40s odds) 31/01 0228hrs.

SUDBURY COURT PHARMACY FREE DELIVERY SERVICE NOW AVAILABLE*

Order your Repeat Prescription by

Calling on: 020 8904 8789

OR Email: sudburycourtpharmacy@gmail.com

OR go to: www.sudburycourtpharmacy.com

*ask for details

221 WATFORD ROAD - HA1 3UA

Theft of Motor Vehicle: (i) Priory Crescent (in 20s evens side) 30/01 0245, 2005 Audi stolen by masked men in the middle of the night.

Theft from Motor Vehicle: (i) Northwick Park Hospital (NPH)12/01 0730hrs – 2000hrs CatCon stolen from 19 plate Lexus; (ii) The Fairway 06/01 0001hrs – 13/01 2000hrs, iPhone and Mac stolen from car that was undamaged in the break in; (iii) NPH 15/01 1300hrs – 1445hrs, CatCon stolen from 07 plate Honda Jazz; (iv) NPH 18/01 1415hrs – 1440hrs, CatCon stolen from 2012 Lexus, thieves interrupted a white VW caddy involved; (v) Nathans Road (in 20s evens) 02/02 0400hrs, CatCon stolen from 2007 plate Jazz.

Attempted theft from Motor vehicle: (i) NPH 12/01 1500hrs – 1705hrs, lock to van drilled out in a believed attempt to break in and steal tools; (ii) East Lane (in 220s evens side) 29/01 0335hrs, person trying door handles of cars in the middle of the night in a believed attempt to take from within.

Crime Prevention Advice:

Burglary -

- Ensure that your perimeter fence/wall, your house doors and windows are fit for purpose. Boundary walls and fencing along with shrubbery is the first line of defence to an intruder and should be good enough to keep a potential burglar out. A lot of houses in the Sudbury Court Estate have a shared driveway with easy access to the rear, if at all please try to get this open access gated off most burglars gain access via the rear of a house.
- Please ensure that garden sheds are locked and that all garden implements are locked away as frequently these are used to break in to houses.
- Consider getting an alarm / alarm box fitted, CCTV cameras or dummy ones.
- Keep your car keys hidden and not on/in the cabinet near your front door.
- Make sure to secure your side gates when you go out and ensure that your garden fence or wall is durable and designed for purpose - to keep out intruders!



SECURITY GATES 4 YOU LTD

Manufacturers and Installers of High Security Gates and Grilles Free quotations. Price Match guarantee. 10 year guarantee. www.securitygates4you.co.uk info@securitygates4u.co.uk

Established 2005

Open 7 days 8am -9pm



0208 935 5921







Unit 3, North Cavandish House, 391 Burnt Oak Broadway, Edgware HA8 5AW

Company No 08776774 VAT NO 266 6666 58

• Consider installing an alarm system and a safe for your jewellery and valuables.

Vehicle Crime -

- do not keep valuables in your car; ideally leave your glove box open and do not leave any goods/property in the car.
- do not leave a sat nav holder on display and rub off all marks of sat navs from your windscreen.
- Be on the look out for tow away vehicles, these are being used to steal cars from people's driveways if you see someone load your neighbours vehicle onto a tow truck/a truck with a hoist and your neighbour is not present then you may be witnessing a theft of your neighbour's car so consider ringing the police try obtain the registration number of the tow truck

Robbery -

- Stay alert! try to be aware of your surroundings when you are out and about, this is especially important if listening to an iPod or on a mobile phone.
- Stay clear! if you think you are being followed or that someone looks like they're up to no good, then cross the road or go into a shop/address ring the police if necessary.

Bicycle Thefts -

- Always secure your bicycle with a substantial lock and leave in a well lit place.
- obtain your frame number and register it on www.BikeRegister.com or www.immobilise.com - this could assist police in recovering your bicycle if stolen.



We use the OWL (Online Watch Link) to send out alerts to residents about local crimes and other information of benefit.

Please register on OWL to receive these alerts—it is a FREE service:

www.owl.co.uk

The various residents' WhatsApp groups receive the same alerts. (please email: membership@the-scra.co.uk for details)

Please consult the websites below for more crime prevention tips or if you do not have access to the internet, perhaps speak to us and we might be able to arrange that you obtain a crime prevention pamphlet.

Your team would welcome any information on anti-social behaviour or criminal offences occurring in the area—please contact us:

020 87212 969 or **07920 233 752**

northwickpark.snt@met.police.uk

Useful numbers:

Dial **999** in an emergency—where a crime is in progress or life is in danger.

For non-emergencies, ring 101

To give information anonymously call Crimestoppers on **0800 555 111**

Useful websites:

Find a whole host of useful info: e.g. crime prevention, crime statistics, identity theft!

www.met.police.uk www.homeoffice.gov.uk www.cifas.org.uk www.direct.gov.uk

HIGH QUALITY PAINTER & DECORATOR

* LAMINATED FLOORS FITTED * TILING

Free Estimates

DAVID PETER t/a O & D DECORATORS

07904 913443 Email: davidpeterdecor@gmail.com

D&M&Son **BUILDERS & DECORATORS**

FREE ESTIMATES - No job too big or too small Insurance Work Undertaken

> Tel: 020 8966 9140 Mob: 07977 840 123

Complete Building and Decorating Service Kitchens & Bathrooms fitted Electrical, Plumbing, Tiling & Plastering New Roofs / Repairs / Guttering replaced UPVC Facia Boards / Soffits fitted Garage / flat roofs replaced in 3 layer Torch Felt Windowbays replaced in Lead & Felt Fencing replaced in Panels & Featheredge



St Andrew's Church 956 Harrow Rd Sudbury HA0 2QA

CHURCH HALL FOR HIRE

Beautifully refurbished Church Hall available for hire at competitive rates. Telephone 020 8904 9224 or email standrewssudbury@aol.com for more information.

Office open: Tues - Thurs 9 am. to 12 noon.



ALL NEW ROOFS • FLAT ROOFS ALL TILES • SLATES LEADWORK • U.P.V.C. FACIAS **GUTTERING** • REPAIRS All Work Guaranteed For free estimates call: 07940 908 596

Look as young ...as you feel

Our facial rejuvenation treatments can achieve:

- * Skin rejuvenation
- * Radiant skin
- * Fewer, softer facial lines * A smooth, fresh complexion
- * Reduced pigmentation
- * Facial acne improvement

Ask about Botox®, dermal fillers and facial peels



Blue Court Dental Centre 201 Watford Road, Harrow HA1 3UA Telephone: 020 8904 9440



Councillor's Comments

Cllr Robert Johnson - Northwick Park Ward

Email: cllr.robert.johnson@brent.gov.uk

Good day to all.

I hope that this update ward to the end of the

finds you looking forward to the end of the Winter period and enjoying better weather.

Mayoral Election

In light of current national lockdown restrictions, the Government's view is that these restrictions do not support door to door campaigning or leafleting by individual political party activists.

More detailed guidance is due to be published on appropriate conduct in the run up to and during the election period itself; and a further note will be provided as soon as possible to reflect this further guidance. This means that if the Mayoral Elections are to go ahead, then there will be no political campaigning until lockdown has been eased.

Covid Vaccine Webinar and Community Language Videos

There have been a number of Covid Vaccine Webinar's put on by the Council to tackle Covid Vaccine hesitancy. The webinars were hosted by Councillors—I had the pleasure of hosting the African/Caribbean Webinar and we had doctors and professors from those communities to make presentations and answer questions from those who attended on-line.

You can now access these webinars on the Brent Council website, under community and vaccine.

NHS doctors, nurses and other frontline staff have also recorded messages in community languages reinforcing the message that the Covid-19 vaccines are safe and effective.

Please share the relevant videos among your networks, friends, families, faith and community groups via WhatsApp, text message and on social media. The videos have been produced in the following languages so far (more languages are in development): Arabic, Bengali, Gujarati, Polish, Punjabi, Romanian, Spanish, Swahili Turkish, Urdu, Yoruba

Regular Testing & Vaccination Programme

Everyone in Brent aged 12 and over can now get free and regular coronavirus tests, even if they haven't got symptoms. These include the new 'rapid tests', which provide results within 40 minutes.

Everyone needs to get tested even if you feel well, as 1 in 3 people who have Covid-19 show no symptoms but could be sharing the virus with loved ones and around the community without knowing.

The more of us that have the test, the more we'll be able to contain the virus, and the faster we can get back to normal times.

Rapid Covid-19 testing is available at the sites listed Monday to Sunday, from 9am-6pm:



IN WINDERMERE AVENUE
(NEXT TO SOUTH KENTON STATION)
Busy and Friendly Unisex Salon

Experienced Stylists Competitive Prices - Free Advice Try us for a Set, Blow-dry, Cut, Colour, Perm or Highlights.

020 8904 1488

Brent Civic Centre, Engineers Way, Wembley Park, Wembley, HA9 0FJ

Bridge Park Community Leisure Centre, Brentfield, Harrow Road, London, NW10 0RG

Central Mosque of Brent, Station Parade, Marley Walk, London, NW2 4PU

Ealing Road Library, Coronet Parade, Ealing Road, Wembley, HA0 4BA

Father O'Callaghan Centre, 22 Hay Lane, London, NW9 0NG

Harlesden Library, Craven Park Road, Harlesden. NW10 8SE

Kingsbury Library, 522-524 Kingsbury Road, Kingsbury, NW9 9HE

Marian Community Centre - 1 Stafford Road, Carlton Vale, London, NW6 5RS

Northwick Park Hospital, Northwick Park Sports Pavilion, Capital Ring, HA1 3GX.

The Library at Willesden Green, 95 High Road, Willesden, London, NW10 2SF

Brent's Vaccination Centres

The NHS in NW London has opened its first large NHS Vaccination Centre in the fight against COVID-19 to vaccinate people aged 80 and over, along with health and care staff.

The large-scale site in Wembley, which delivered its first life-saving jabs to patients on Monday 18 January 2021, is capable of delivering thousands of vaccinations each week and offers a convenient alternative to GP-led and hospital services that are already set up across NW London.

Letters are being sent to people aged over 80 who live up to a 45 minute drive from the new centre, who have not already been vaccinated, inviting them to book an appointment either by phone or online through the national booking system.

People should wait until they receive their

invite letter and should not call their GP, but use the booking line when their invite arrives. If an appointment has already been offered by the GP, please keep this appointment.

Other vaccination centres will come on stream, some in pharmacies and some in faith institutions. I will update the location of the centres in the coming months.

The good news to report is that over 10 million people in the Country have been vaccinated, and the NHS is well on course (at the time of writing) to meet the Government's target to meet the first four priority groups by the middle of February.

More info and booking: **020 8937 4440** www.brent.gov.uk/covidtesting

Staying Safe in Shared Housing

We are sending out awareness communications to residents who live in a house-share or bedsit (HMO). We are reminding these residents that they need to be extra careful as they are more at risk from Covid.

The advice is:

- If you have symptoms, do not use shared facilities at the same time as other people
- Do not invite visitors into your home
- Wash your hands regularly
- Clean things people touch the most, such as taps, tables, door handles, light switches and remote controls
- Clean the bathroom and kitchen with household cleaning products more frequently
- Open windows regularly

Cleaner Brent App has changed

Due to App Store changes, the Cleaner Brent app has now been rolled into the **Love Clean Streets** app.

LAWRENCE J MAGNIER

86 NATHANS ROAD, NORTH WEMBLEY

BLOCK PAVING • DRAINAGE BRICKWORK • FOOTPATHS PAVING & FENCING

GENERAL BUILDING WORKS

ESTIMATES FREE

PLEASE RING AFTER 5.00 pm 020 8904 4879

You can report all the same streets issues in the ward as before, but you will need to delete Cleaner Brent and download Love Clean Streets in its place.

The new app can be found on the App Store for iPhone and Goggle Play for Android

It's very easy to use the use app. There are just three easy steps to follow:

- 1. Confirm the location of the issue, by map pin or description
- 2. Take a photo
- 3. Confirm the type of issue you are reporting and press 'Send'

Residents can report, for example, fly tipping, a bin that needs emptying, or details of a pothole. You will also receive an update when your report has been resolved.

Councillors Surgeries

We will run a virtual surgery on 6th March 2021 at 11am. Please send us an email as soon as you can requesting a meeting. We will send you the link.

You can also call/FaceTime/email us:

Cllr Robert Johnson 07876 138 676 Cllr.Robert.Johnson@brent.gov.uk

Clir Margaret McLennan 07949 398 193 Clir.Margaret.McLennan@brent.gov.uk

Cllr Keith Perrin 07711 561 848 Direct calls only

Cllr.Keith.Perrin@brent.gov.uk

STOP PRESS

Note from Editor:

As a result of the receipt of recent letters, an online meeting was organised to discuss the proposed Conservation Area changes—Councillors and Council Officers were there to present a brief summary and answer residents' questions.

A brief note from Cllr Robert Johnson directly after the meeting:

February 11th—The meeting started dead on 6:00pm and ended around 7.22pm. Number of people in attendance—30. Three officers from the Council and three Ward Councillors also attended.

The purpose of the meeting was to hear what the changes were (minor wording changes and an addition of outbuildings requiring planning permission), the process of objections (deadline being 15th February at 5pm) and access to the officers' report which would follow within a short period, say a month, after the meeting.

Questions surrounding side and rear extensions, patios, outbuildings and green verges/bushes treatment.

Those attending seemed to want to get rid of the Conservation area guide (dedesignation) which is a separate process.

Further update next month



Intro from our Chair

Dear Neighbours,

I wish to introduce myself as the newly appointed Chair of the SCRA.

My name is Steve Maingot; my family and I have been resident on the Estate for 23 years and a member of the SCRA since. I have been a member of the Committee for a few years and Interim Chair at one time.

I am a Health Informatics Specialist, retired JP, sat at Willesden Magistrate Courts and Harrow Crown Court. I was a Non-Executive Director at Parkside Community Trust and Brent PCT. Other Community engagements, Chair of the Brent Crime Safety Board and a School Governor.

Taking over this position of Chair from Kaye; it is my aspiration with the help of the Committee to continue with the excellent Stewardship and development of the SCRA in representing residents in key Community matters, support by our Local Councillors and MPs.

Some of the key challenges for the SCRA is succession planning and the rapid changes in demographics of the estate.

I believe that the SCRA could be fully representative of the residents of the Estate and together, we will manage the changes that are developing in and around our Community.

I look forward to your support.

Keep Safe.

Steve



CCTV, Satellite, Intercom & Minor electrical works

Troubleshoot Phone Systems & Phone line faults
Supply & fitting of LED lightings
Installers & Suppliers of Telecom VOIP systems, Trunks & Broadband
Structured Data Cabling & Networking

For Residential & Business

Tel/Fax: **0208 795 3355** Mobile: **07850 753 960**

info@mntelecom.co.uk

saintcuthberts

worship • demonstrate • equip Carlton Ave West . 020 8904 8599 . www.stcuths.org



0208 904 8599

(9am-5pm Tuesday, Thursday, Friday)

We stumble into March - hopefully with light gleaming at the end of the tunnel. It has been a trial of tremendous sadness and we mourn all those who have died from Covid. When this is all over, we will hold a celebration of people's lives - the ones we have lost. We will honour them and the medical staff and all who have kept our country going.

In a strange way, we all need a holiday. I long to see the sea and the hills and the rivers. I used to take mobility and travel for granted. I also took for granted all the tiny things I liked in everyday life. I enjoyed going out for breakfast on a Saturday morning, pottering around bookshops, popping over to see my mum. When we can do it again it will feel as though we have been born all over again.

One of the things I took for granted, was meeting in places of worship. I came to faith very late, but I just love going to church on a Sunday! Even if I wasn't a vicar I would always go. Perhaps we all appreciate community much more and value looking out for one another.

So, I wish you a happy March and hope that the vaccination programme is going well. When we can be together again, we will never take it for granted again. I often wander in St Cuthbert's and just sit and enjoy the space and atmosphere. Soon you will be able to join me - people of faith and no faith, all welcome.

Rev Steve

CURRENTLY THE FULL PROCESS CAN BE COMPLETED ONLINE WITHOUT A FACE TO FACE MEETING.

MORTGAGE ON THE HILL

We offer professional, no obligation advice on all types of mortgages and protection.



Whether you are buying a new property, raising capital, equity release (for the elderly), second charge loans or simply looking to remortgage existing borrowing, contact us to discuss how we can help make your mortgage work.

Office: +44 (0) 203 858 0777 Mobile: +44 (0) 7957 358 378 Website: mortgageonthehill.co.uk

Email: info@mortgageonthehill.co.uk

24 Peterborough Road, Harrow on the Hill, HA1 2BQ

THINK CAREFULLY BEFORE SECURING OTHER DEBTS AGAINST YOUR HOME. YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE.

© 2019 Mortgage on the Hill is a trading style of Utopia Financial Partners Limited. Utopia Financial Partners Limited is an appointed Representative of New Leaf Distribution Ltd who is authorised and regulated by the Financial Conduct Authority: FCA number 460421.

Furniture Services

Furniture Repair Restorations and Reporting Service

- . Scratch Repairs
- . Frame Repairs
- . Broken Springs Replaced
- . Loose Joints Secured
- . Removal Damage
- . Recoveries

For enquiries call 07795398109

. Insurance Retail and Manufacturers Reports

email:rsfurnitureservices@gmail.com

send photos with enquires

Belgrave Sew Creative

Room 202, 10 Courtenay Road, East Lane Business Park, Wemblev HA9 7ND

We design, make and fit made-to-measure

Curtains, Pelmets, Cushions: Roman, Cascade, Roller, metal / wood Venetian, Pleated blinds etc.

Professionally made by us in our workroom, we also supply fabrics, tracks and poles to order.

Call: Mertis 07712123783 mertisbel57@gmail.com www.belgravesewcreative.com

CUTH'S TODDLERS' GROUP

Craft Songs Stories Fun

(now a Daniel's Den)

Every Friday at 10am (term time)

Keep your child entertained with our ZOOM session

Contact Daniel's Den to register:

office@danielsden.org.uk 020 8908 6986 07984 042 777

G. V. ELECTRICAL SERVICES

for all types of electrical work



- REWIRING
- EXTRA ADD-ONS
- MODIFICATIONS

Free Estimates



020 8904 7923

07947 595 112 Mobile:

ALL SYSTEMS GO!

BOILER BREAKDOWNS

Repairs - Replacement - Servicing

HEATING SPECIALISTS

Gas Safe Registered

Central Heating Installations Power Flushing - Landlord's Certificates Free Estimates

Alan Lazarus C.I.T.B. A.C.S. Oualified

0208 4059 / 07956 298 867

Blockley Road-Sudbury Court Estate

R & J Services

Home Improvements

- ♦ Extensions ♦ Roofing ♦ Flooring ♦ Fitted Kitchens & Bathrooms ♦ Tiling ♦ Plumbing & Electrics
 ♦ Refurbishments ♦ Decorations ♦ Disabled Adaptations
 - Carpentry & Joinery

The One Stop Solution from Concept to Completion

For information please contact

Randolph on: 07743 140 937

info@randiservices.co.uk www.randiservices.co.uk



Sudbury Court Horticultural Society Your local gardening club

Membership : George Crane - crane.g@gmail.com Follow us on Facebook - Sudbury Court Horticultural Society

Though we cannot yet see a chance to firm up any plans for our usual Society activities we are hopeful that when restrictions are lifted we shall be able to get together to celebrate our gardening and domestic achievements. The experience of lockdown has

certainly made most of us really grateful for our outdoor space.

Last week we felt a touch of spring in the air, but the season has received a setback as I write on 8th February - snow has settled thinly on the while around the east wind howls in the trees. I hope that by the time you read this, this year's 'Beast from the Bal-

tic' will be a distant memory and we shall be enjoying the daffodils - flowers which, as Shakespeare wrote in The Winter's Tale, 'come before the swallow dares and take the winds of March with beauty'.

All nations have particular flowers that symbolise their culture. I think of the tulip for Turkey, Australia's wattle and the protea for South Africa A love of flowers must be deeply ingrained in all people. As a gift, flowers are always tokens of affection - at any time of life. It is not surprising then that the emblems of our four national saints are all plant-based. In the month of March two of Britain's national saints are remembered on their special days. St David's Day on 1st March is celebrated especially in Wales. While the Welsh official emblem is the leek, this vegetable proves rather too big and

smelly to wear on one's coat to celebrate St David's Day, so the daffodil is also accepted as the special flower of Wales – but purists still go for the leek! Daffodils are indeed the flower of March and we are all delighted to receive some early daffodils as a gift. Ire-

land rejoices on 17th of March when St. Patrick's Dav marked with the wearing of the shamrock, a plant that grows abundantly in the wetlands of Ireland, its special green giving the island the name of the Emerald Isle. The shamrock's divided leaf is said to have been used by St. Patrick to illustrate the Trinity.

Its three-lobed leaf is also thought to represent hope, faith and love, all attributes that we surely need at the present time. If you can find a shamrock - or even a clover - with a fourth leaf, it will surely bring you luck! St. Patrick's Day is still widely celebrated in the Irish community with whisky and haggis. Later in the year we have St. George's Day on April 23rd usually celebrated with red roses and St. Andrew's Day on November 30th with the prickly Scottish thistle!

It is good to have plants in our gardens that symbolise our own families, maybe flowers that we remember from our childhood like the self-seeding forget-me-not, or plants given to us by special friends. March is the time to plan for the coming season, to make our gardens our very own, places for our families to love and cherish.

Margaret Roake



www.the-scra.co.uk

we're always looking for photos and stories for The Courier and website, especially historic photos

Please contact: editor@the-scra.co.uk

Easy Elećtrical



Tel: 020 8900 2287 or 07976 535 867

- All Electrical and Building Work Undertaken
- Inspection & Testing Reports
- Fault Finding to Complete Rewiring
- Free Ouotes
- NICEIC Guarantees/Warranties Email: info@eecare.co.uk Website: www.eecare.co.uk



PI LIMBING & HEATING SERVICES

- Central Heating
- ♦Boiler Installations ♦Kitchens
- ♦Bathroom Suites ♦Showers
- ♦ All work auaranteed



07831 544 538

0208 908 6021

No call out charge Mon-Fri 9am-5pm

City & Guilds Oualified—Corgi Registered

29 Woodcock Dell Ave, Kenton, HA3 0PW email: info@j-anda.co.uk



& HEATING

SOLUTIONS

- ➤ Boiler upgrades supplied and fitted
- > Full central heating installations
- ➤ Mego-flo's to Power flushing
- > Gas leaks & burst pipes
- > Full bathroom installations
- All aspects of plumbing covered
- ➤ Landlord Certificates



07956 189 115 020 8902 3477

33 Tudor Court, North Wembley





Ert. 1995

07837 345 811

Your Local Handyman

All Interior and Exterior household maintenance

Specialise in Wall Paper hanging

Laminate and Hard Wood Flooring Furniture and Flat-pack assembly Jet-wash Drives and patios

Call for free estimate

Northwick Park Community Garden

www.northwickparkcommunitygarden.com workshops@northwickparkcommunitygarden.com





We've spotted the first signs of snowdrops and crocuses in the community garden. By the time you read this. many more spring flowers will have popped their

heads up to let us know that Spring is on its way! The daffodils were stunning last year and we're looking forward to seeing another sea of yellow. All the windbreaker shrubs, Italian Alder and Autumn Olive, have now

been planted along the perimeter of the top section of the garden and some barerooted plants were planted by two 'star' volunteers.



We've finally been able to begin our new project funded by CIL and we've had a great response to the fortnightly online children's workshops about growing food and the natural world starting at the end of January with a session on wool and felt. We had 13 families registered and 21 children joined the workshop. The children learnt about sheep and wool and were great at making felt balls – see enclosed photo how proud they were of their results.

The workshops are fun, practical, interactive and educational. We have had some lovely feedback from the parents: "The ladies did brilliantly, the little packs (of materials) were so gorgeous and the workshop was really well run".



Materials are included and distributed ahead of workshops to each household. For a full list of workshops run by permaculture expert Susannah Hall, refer to the 'News & Events' section of our website.

If you would like to register your child/ children, contact Sarah Faherty at

workshops@

northwickparkcommunitygarden.com

Sarah is one of our founding volunteers since the garden started to be planted in May 2019 and will now be working with us as an administrator and her first challenge has been to manage the workshops (Thank you Sarah).

We still have work to do in the garden of adding some more plants, particularly in the area closest to the footbridge. We will keep you updated on how we are going to tackle the final planting, depending on Government advice around social distancing.

Keep well and stay safe Eleri, Joanna, Rishil and Iris

Check our website (see above)
Facebook, Instagram, YouTube

Brent

funded by Brent Council NCIL



Friends of Barham Library





Our Library in Barham Park and Shop in Sudbury Town Underground Station are both still closed – but we do hope to open again as soon as the latest lockdown is over and it is safe to do so.

We have continued to receive donations

and raise money for our continuing work. Thank You to everyone who donated books, old cameras, bollywood vinyl records and cash.

You can see some of these on www.ebay.co.uk/usr/friendsofbarhamlibrary

Our fundraising efforts have been so successful that we are pleased to be able to donate £5,000 to buy 11 laptops to help children from Barham Primary School to continue their studies from home.

If you'd like to donate please email me on barhamlibrary@hotmail.co.uk

Finally, to cheer everyone up, I have had the garage door at my house in Stapenhill Road painted with a colourful Mural by our artist LeSpleen with a simple message:

"Don't Give up"

Creating & maintaining natural smiles

- · Quality care for all the family
- Full range of cosmetic treatments
- Facial rejuvenation using Botox®
- Early, late & Saturday appointments
- Highly experienced, friendly team
- New patients always welcome

Call us now on 020 8904 9440



Blue Court Dental Centre 201 Watford Road, Harrow Middlesex HA1 3UA



Refrigeration and Air Conditioning Specialist

Installation

Services

Repairs



All works undertaken are guaranteed Engineers are F'Gas Registered Quotation provided Domestic and Commercial works done



08450 514 636 07956 625 736

Local company serving local people

40 Elms Park Ave, Wembley, HAO 2RS

info@hilldenservices.co.ub

SUDBURY COURT MAINTENANCE

- Gardening Tree Cutting Fencing
- Pressure Washing Patios & Driveways
- Garden Clearance Rubbish Removal
- All General Cleaning
 Gutter Clearing
- Window, Carpet & Upholstery Cleaning
 - Roof repairs Light Removals
 - Handyman
 Decorator
- Large van for house removals, clearance and deliveries

Call: 020 8904 8734 or 07932 300642



FREE PHONE 0800 328 6017

67 Lankers Drive, Harrow HA2 7PA. Email: robertloomes@safecleanharrow.co.uk www.safecleanharrow.co.uk





Hello Kids—Happy New Year for 2021!

Don't forget to write to me with your favourite jokes and pictures:

preeyaatthecourier@hotmail.com

JOKES

What did one plate say to the other plate? Dinner is on me!

When you look for something, why is it always in the last place you look? Because when you find it, you stop looking.

What do you get when you cross a parrot with a pig?

A bird who hogs the conversation.

What is the strongest animal?

A snail. He carries his house on his back!

What did one flea say to the other flea? Shall we walk or take the dog?

What's the difference between an injured lion and a wet day?

One pours with rain, the other roars with pain!

RIDDLES

A man found an old coin and declared that the date stamped on it was 150 B.C. This could not be true. Why? Because B.C. is counting backwards from the birth of Christ. If Christ hadn't been born yet, there were no dates in B.C. yet!

Which is heavier, a pound of bricks or a pound of feathers?

The same – a pound is a pound!

I'm light as a feather, yet the strongest man can't hold me for more than 5 minutes. What am I?

Breathe

Did you spot the deliberate spelling mistake? Breathe's should be 'Breath'.

ARMSTRONG & ARMSTRONG ROOFING

SERVICING SUDBURY COURT ESTATE FOR OVER 30 YEARS

- FLAT ROOF SPECIALISTS
- UPVC SOFFITS & FACCIAS
- GUTTERING, VALLEYS, STACKS
- HIGH PERFORMANCE POLYESTER & LIQUID SYSTEMS/OVERLAY
- FULL ROOFING SERVICES
- ALL WORK GUARANTEED

Which?
Trusted trader

FOR A FREE NO OBLIGATION QUOTE CALL 0208 868 4045 Visit our website & check out our customer reviews.

www.flatroofingsystems.com

Checkatrade.com
Where reputation matters

ADVERTISER FINDER

	Page		Page
Air Con Boilers/Heating, Plumbing Building Services Cleaning Services Dentist (private) Electrical Services Estate Agent Financial Services Furniture Repair Hair, Health & Beauty Hall Hire Handyman	20 14,16 8,10 20 8,19 14,16 2,24 13 14 9,8,19 18	Home Carers Home Improvement Painter/Decorator Pharmacy Pre-school Printer Property Maintenance Roofing, Gutters Security Gates Soft furnishings Telecoms/CCTV Windows, bi-fold	18 7,8 7,16 5 14 11 20,16 8,21 6 14 12 23

Thank you for supporting our advertisers

They make this magazine possible

Next Copy Deadline

The Courier is published monthly.
Copy, advertisements and remittances for the April issue should be received by

10th March 2020

Format required: Pictures - JPEG (high res) Advert - JPEG (high res) Editorial—MS Word

- * Articles are from third parties and do not necessarily reflect the views and opinions of the Committee. As such, the Editor and Committee will not accept responsibility or liability for any such material.
- * The Editor reserves the right not to publish all or part of any material submitted for publication.

 The Editor/Committee's decision is final
- * All rights reserved. No part of the publication may be reproduced in any form, without the prior consent of the Editor
- * Produced and published by the Sudbury Court Residents' Association.
- * Printed by Mail Boxes etc (0208 427 4477)

Please mention
The Courier

When contacting them.

If they do a good job, recommend them to a friend / neighbour

ADVERTISING

Advertising rates and Terms & Conditions are available from: advertising@the-scra.co.uk

All advertisements are accepted in good faith and no responsibility is taken by the producers of this magazine for claims made by advertisers. Readers must satisfy themselves as to the suitability of any contractor or supplier they engage. No recommendations are made or implied. Neither The Courier nor the SCRA can become involved in any disputes between advertisers and their clients.

williams DG Limited

windows

windows, doors & conservatories



From

Conservation Area compliant windows

to

state of the art Bi-fold doors

From concept to completion:
U.P.V.C., Aluminium or Timber-look
Windows, Doors,
Porches, Conservatories.





certass



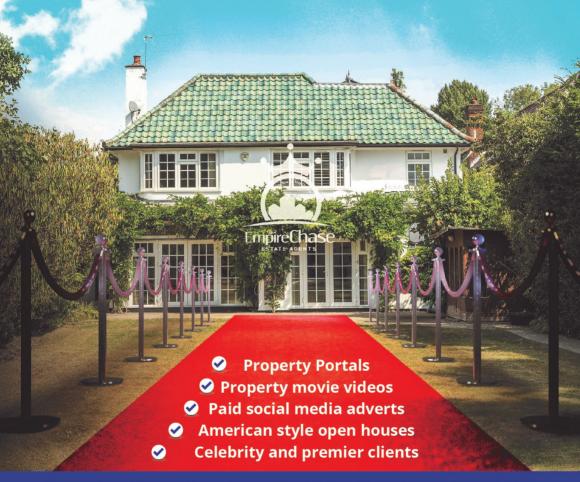
Family business since 1985 020 8428 5433

info@williams-windows.co.uk www.williams-windows.co.uk





We are fully equipped with all the modern tools to sell your home



If you are looking to sell your home and achieve the maximum market value for your property, please get in touch



14 Peterborough Road, Harrow, HA1 2BQ 0208 4227722, 07890285162 info@empirechase.co.uk, www.empirechase.co.uk Follow us on 🔞

















